

LOOKING TO 1999

Three-year business plan unveiled

by Kelly Torrance

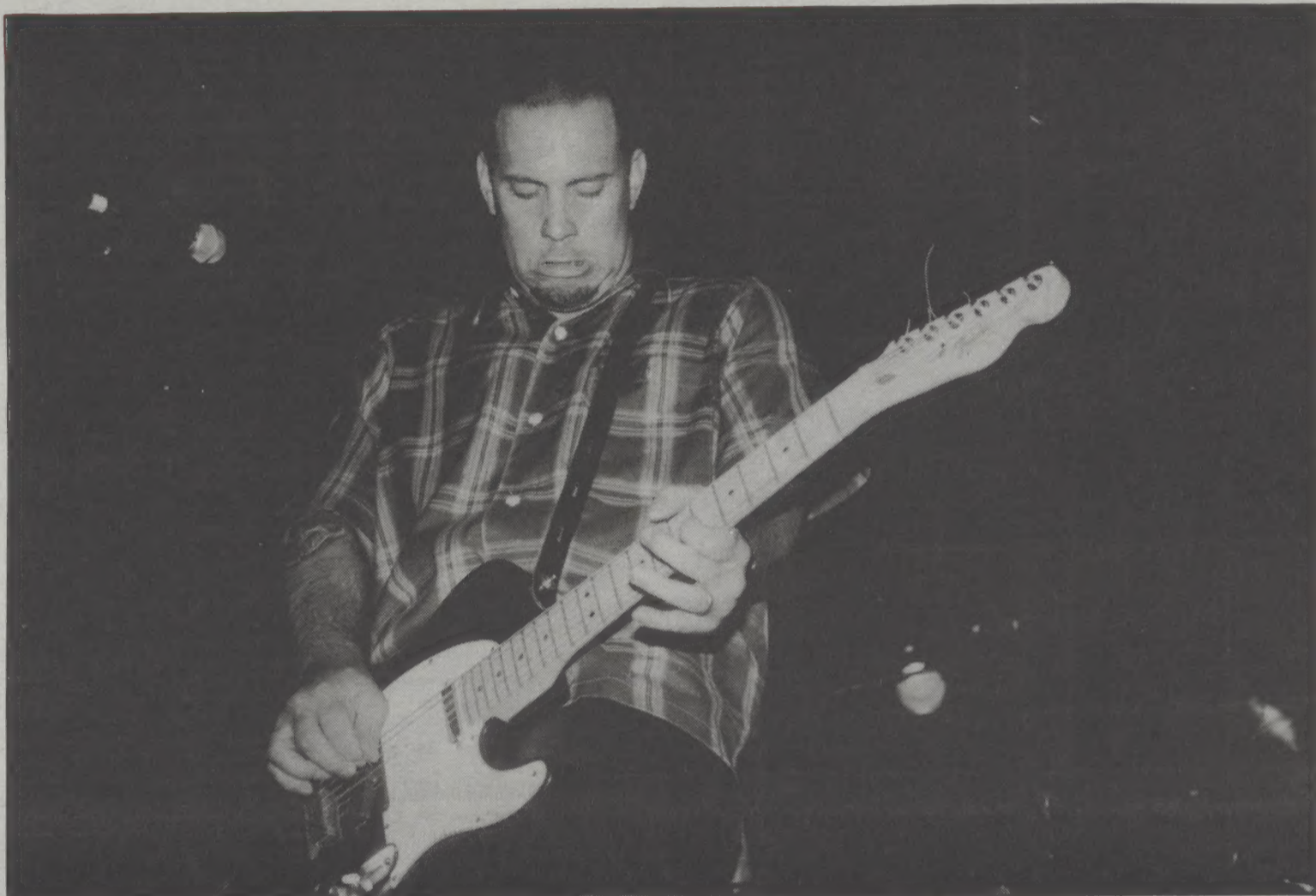
A new direction has been established for the University of Alberta.

Doug Owrap, the University's vp academic, presented the U of A's new three year business plan at the September 8 Board of Governors meeting. The plan, intended to complement the provincial government's own plan, is required by the government. Much of the document is based on the University's 1993 strategic plan, *Degrees of Freedom*, but the priorities of a new president and changing policy have made their mark.

One of the major initiatives outlined in the plan is the faculty renewal program. Continuing faculty members over the age of 50 have been offered early retirement incentives. Students' Union president Garrett Poston says this is an "excellent initiative....It will support new and fresh ways of thinking." The plan's goal is to double the present turnover of staff from a rate of four per cent to eight per cent per year to gain a cumulative turnover of 40 per cent over the next five years. Staff would be able to retire as early as age 55, and would receive generous buy-out packages.

The University also wants to develop new ways of delivering programs. The plan emphasizes innovations in instruction, stating, "Education by means of multimedia and interactive video classrooms has been a major issue of discussion and planning over the last 12 months." The 1995-96 budget includes funds for the "alternative delivery of instruction."

Another development in the works is a major fund-raising campaign. Currently in the planning stages, the campaign is one of a variety of new ways for the University to generate revenue. Poston thinks the campaign is a



Nathan Fairbairn

This guitar player from Face to Face checks his shirt for stains. It isn't every day you see expressions of intense concentration like this. Probably a good thing.

"great idea...The University needs to be more proactive." Other universities including UBC, Queen's, and McGill, have already undertaken similar campaigns, according to Poston. "I think one

University places a premium on attracting the best possible students from inside and outside of Alberta," according to the document.

"It is good to see that the recruitment of outstanding undergraduate students is a priority for this university," says Poston, but he thinks more has to be done to meet this goal. He questions BoG's decision to automatically increase tuition to the highest allowable rate each year. "There is stiff competition for the best students, not only from other universities...but from local institutions as well." He would also like to encourage more foreign students to attend the University by eliminating differential fees. "The value of a U of A degree depends on its students," Poston stresses.

In keeping with the University's desire to be accountable, a report to the community was published for the first time this year. *Our Future*

Together will reach 400,000 people in Edmonton, Calgary, and six other major Alberta centres. The plan says this report will "celebrate our achievements, outline our aspirations and identify our goals

campus know about [the report]." He suggested it would have been easy to include the report as a *Gateway* supplement.

Poston would like to "get the Board of Governors thinking about

"It is good to see that the recruitment of outstanding undergraduate students is a priority for this university."

—Garrett Poston,
SU president

of the main reasons Rod Fraser was brought here was because of his prior record with fundraising at Queen's."

Aggressive recruitment of students is also high on the University's list of priorities. "The

"Students should have been consulted in the production of the document... The message we're trying to sell to the community has to be sold to people on campus as well."

—Garrett Poston

for the future."

Poston was not completely satisfied with the report. "Students should have been consulted in the production of the document," he said. "The message we're trying to sell to the community has to be sold to people on campus as well. The best ambassadors and recruiters of this university are the students...not many people on

big picture issues," such as staff, the price of tuition, and competitiveness. He wrote a letter to Doug Owrap on Sept. 11 but his letter has not yet been answered. "The plan itself is well-structured and all-encompassing. I believe that it provides the University with the direction that it requires for dealing with the difficult financial times we are currently in."

Inside this issue...

"You can fool too many of the people too much of the time."

—James Thurber

CJSR under pressure..... p.3
Yeah. He's back. Really. Oh Lord p.7
Eat this punk p.10
Pandas Speeding p.14

REACHING OUT

Campus gay, lesbian and bisexual group working toward accessibility for all

by Dave Strand

Elections held on Sept. 18 indicate that OUTreach has come closer to becoming more accessible and welcoming to a greater variety of the students it hopes to serve.

The socio-political, SU-registered group for gays, lesbians, bisexuals and the "straight but not narrow" was once known to be dominated by young gay males, which seemed uninviting to many females. The former name of the group, Gays and Lesbians on Campus, or GALOC, excluded bisexuals. Devon Bryce, the newly elected female co-chair, said that the group "wasn't upholding the political end of its mandate" in past years.

These three factors left women, bisexuals and those with political interests feeling alienated from the group.

A number of initiatives have been taken to overcome these problems. As a result, women now outnumber men in the executive,

"Some women will feel more secure and confident [that] they have a voice in the group if the participation of women is more visible."

—Sheila Christie

and although they remain a minority in OUTreach, "some women will feel more secure and confident [that] they have a voice in the group if the participation of

women is more visible," said incoming treasurer Sheila Christie.

There was a small amount of controversy regarding the name change, which was enacted last year. However, after a speaker talked to the group about bisexuality, "agreement on a name change was unanimous," according to Bryce.

"If we're going to realise positive social change, we need to be as inclusive as possible, along a variety of dimensions, including gender and race," said Sean Andrew, member at large.

"The groups' mandate has always been partly political, but OUTreach is striving to be more so in practise." OUTreach aims to educate the community to promote equality for everyone, using letter writing, forums, speakers and the media as agents of change.

Drink ≠ Drive, warns Campus 5-0

by Chris Jackel

If you come tumbling out of one of the campus drinking establishments and try to drive home, be warned that Campus Security is waiting to nail you... before you kill someone.

That is the message Campus Security will be sending out to students over the next month. In

conjunction with the Edmonton Police Department, they will be conducting random CheckStops on campus for the next month.

"The main reason for the checkstops is not to goon people or to hit hard on impaired driving," said special constable Dan O' Loughlin, "although that is one of the ramifications."

"It is more to get in touch with the community," added O' Loughlin.

There will be CheckStops at various locations until Oct. 30.

During previous years, they would usually charge one or two people with impaired driving each night. "The numbers usually aren't high," said O' Loughlin.

It's super, it's Saturday, it's...

by Darren Zenko

With powers beyond those of mere mortal days of the week, the University of Alberta's seventh annual Super Saturday, a series of free public talks, is poised for take-off this weekend.

Twenty-seven of the mini-seminars (plus three museum tours) are being offered this year, covering a broad range of today's significant issues, from free trade to back pain, herbal medicine to the World Wide Web—it's all there.

The first time slot begins at 9:30 a.m. Programs will be available that morning at the Super Saturday Info desk, located in the atrium between the Business and H.M. Tory buildings.

CAMPUS CONNECTION



Carleton execs line their pockets

The executive at Carleton University's students' association will become a little richer this year.

This summer, while the majority of students, including student councillors, were away from the school, the council voted to increase the executives' salary by 15 per cent.

Despite a predicted revenue shortfall of between \$70,000 and \$80,000 due to decreased undergraduate enrollment at Carleton.

The students' association said their salaries were previously much lower than other similar salaries at students' unions across the country. The individual salaries will go up between \$2400 and \$2700 for the year to be better aligned with those in similar-sized institutions.

However, not all councillors agreed the salary increases were justifiable.

"Students have to cut back, they have to tighten their belts, and here we are using their money to give the executives pay raises," said Commerce councillor Paul Hennessey.

The added costs to the association will total \$15,000 for the year.

—The Charlantan

"Only if you're on fire"

Students are up in arms following the "Clean Air Policy" implemented Sept. 1 at Grande Prairie Regional College.

This year, college administration decided to close the school's smoking rooms, which were previously set up with intricate ventilation systems to allow some students to smoke without adverse repercussions for other non-smokers.

Last week, the student association set up a poll, in which 80 per cent of students and staff voted to re-open the smoke rooms.

However, the college's Board of Governors said it wouldn't budge on the no-smoking policy in the main building, despite pressure from all sides to do so.

"I would prefer to treat this problem as a health issue and provide assistance to those people to recover, rather than accommodate them," commented GPRC's president, Gordon Gilgan.

Since the policy was established, the school has had problems with cigarette butts outside building doors, as well as some students who are currently in direct defiance of the smoking ban and smoking inside the building.

—The Tapestry

"Paging Doctor Fraud, MD..."

Don't book a doctor's appointment with Dimitrios Alexis Vasiliadis.

The University of Western Ontario student was recently charged with seven counts of uttering forged documents after police found copies at his house of what appeared to be forged university transcripts.

Vasiliadis had used the transcripts to gain admittance to Western's school of Medicine, where he was a student last year.

However, he had already been asked to withdraw from the program based on his failure to meet academic standards.

"The charges themselves would have been grounds for his withdrawal, but as it stands, that was not the case," said Dean of Medicine Robert McMurtry.

RCMP had raided Vasiliadis' house in connection with a money laundering scheme being operated out of Florida.

—The Gazette

A weekly digest of campus events around Canada, compiled by Juliet Williams

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CLEARING THE AIR

SU puts the screws to U of A's campus radio station

by Raechel Carpenter

Money. The centre of every issue always has to do with that valuable commodity. So it isn't a surprise that the current situation between CJSR FM 88 and the Students' Union is a financial problem.

CJSR owes the Students' Union approximately \$86,000,

"[We] can make CJSR more accountable by applying financial pressure"

—SU president Garrett Poston

which is a debt that was accumulated prior to 1992. CJSR and the SU had a common bank account, a certain portion of which was allocated to CJSR. When the radio station ran a deficit, the SU covered it.

In a referendum in the spring of 1989, students decided to dedicate a nominal account of their SU fees to assist CJSR operations. The current contribution amounts to about \$1.36 per term.

In 1991 CJSR and the SU established a debt repayment plan.

In 1993 the station began paying the SU \$400 a month, which they later raised to \$600. CJSR does not pay any interest on the loan.

At the Aug. 13, 1995 administration board meeting a motion to call in the debt was carried. The board voted that if CJSR could not repay the money then the SU would place a lien on their property and eventually take over the station's operations. That motion was revoked at the Sept. 13 meeting.

"The Students' Union has no intention whatsoever of taking over control of CJSR" stated SU president Garrett Poston. He continued by explaining that they were trying to protect the financial interests of students on campus. Poston points out that the SU currently houses CJSR for free, as well as absorbing their janitorial, clerical, and administrative costs.

"[We] can make CJSR more accountable by applying financial pressure" explains Poston. He'd like to see the station become more receptive to students' needs, adding that beginning to broadcast Golden Bears' varsity games is a step in that direction.

Sumreen Ahmad, vp finance and administration, says "The problem is we don't have a definite relationship with CJSR." At this time there is no contract between CJSR and the SU. However,

Ahmad and members of CJSR's board of governors, the First Alberta Campus Radio Association, are meeting later this week to begin negotiations.

Financially, CJSR is

"[The] Students' Union should take pride in their radio station."

—CJSR admin manager Zelekash Alemu

improving. Administrative manager Zelekash Alemu says she can "forsee no problem in breaking even this year." Any surplus money would go towards paying back the SU.

Christine Chomiak, CJSR's programming manager, says that CJSR is doing everything possible to pay back the SU, including paying more than was originally decided. Chomiak believes that "the relationship [between the two parties] has grown stronger," but that "the SU doesn't really understand CJSR."

Alemu agrees. "[The] Students' Union should take pride in their radio station... [I'm] puzzled we're not getting more support from them."



Darren Zenko

CALLER TWO, YOU'RE ON THE AIR...: A CJSR volunteer operates the controls to the station's on-air booth.

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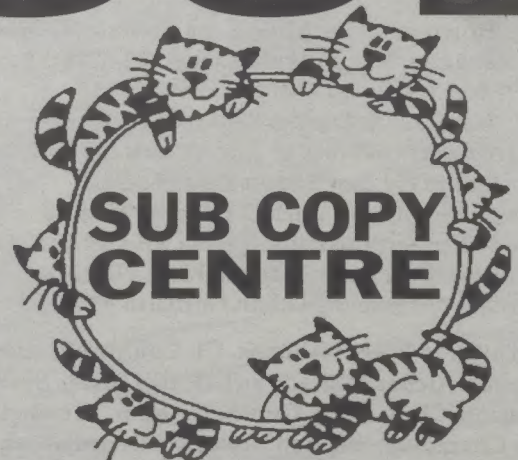
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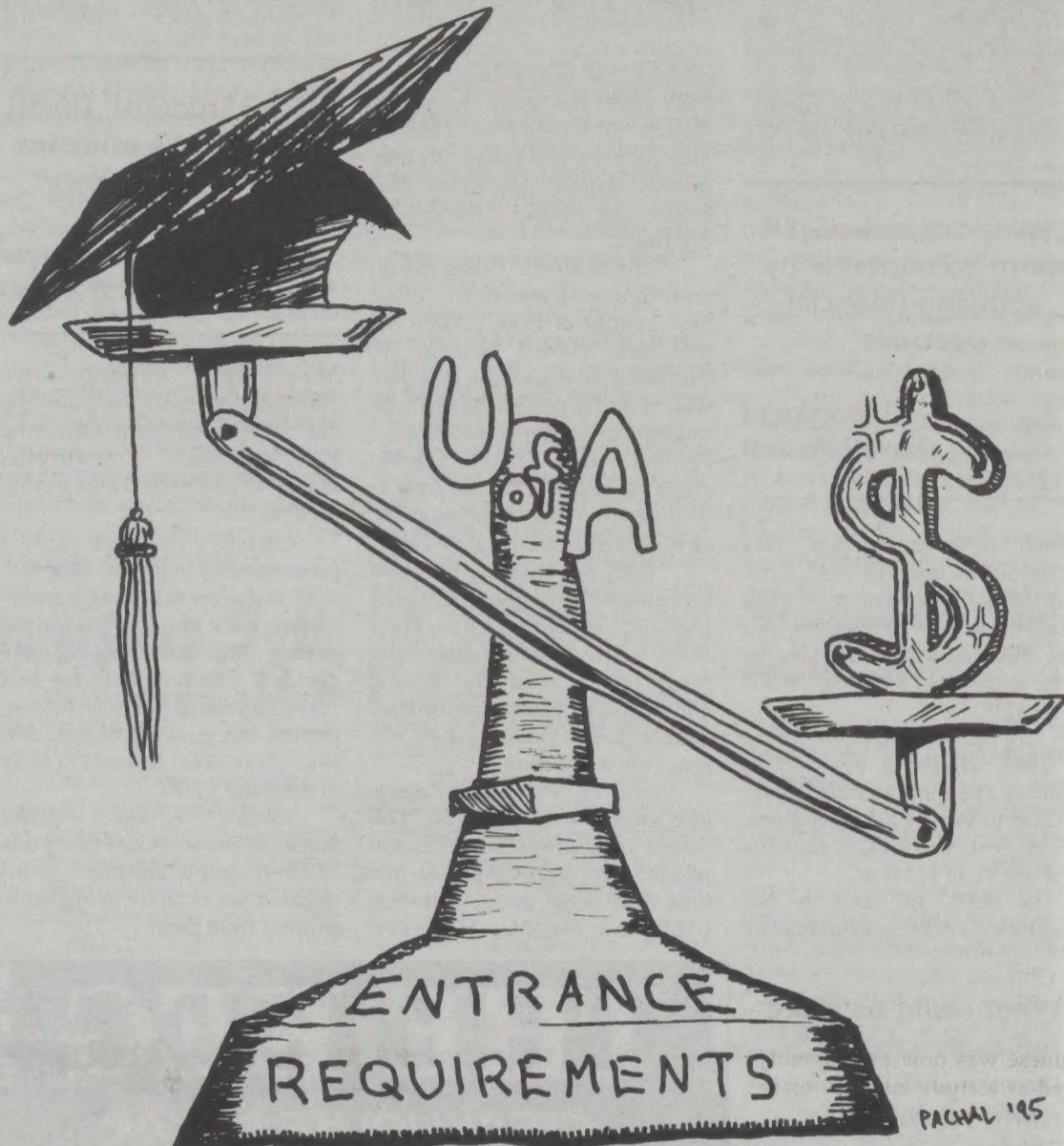
OPINION

Managing Editor: Pete Pachal 492-5178

Forgive Me

An editorial, oh bliss. My glorious opportunity to fill this small part of *the Gateway* with some view about some issue. That does not bother me. What does bother me is the fact that somehow in the estimation of my friends I have changed for the worse in the last year. Almost imperceptible to many, I have become a less radiant personality. I do not overflow with happiness and energy to the degree I used to. To quote someone I respect as a friend, I've become "less happy-go-lucky." Now, imagine my chagrin when I looked back upon the last year of my life and realized this to be true. No longer do I derive intense pleasure from top-40 music. Never again shall I look at a sports car and in a deep masculine voice say, "wow... that's cool." It is no longer my place to agree with people so that they will like me more. In fact I have changed so much that alas, I no longer feel the need to fill gaps in conversation with chatter that is both condescending and pointless. Amazingly, I am so far removed from "happy-go-lucky" that even a trip to the mall filled with buying, buying, and more buying has lost its ability to make me feel like everything in the world is okay. I can no longer escape into the world of prime time television, religion, or denial. Imagine the extent of my regret. But, it is true. I am no longer blissfully unaware or in denial of the things that suck about our way of life. Now I spend a great deal more of my time examining my own motives and being honest with people. That is important to me, and it is harder than ignorance, but maybe that's what makes it worthwhile. I don't have any easy solutions, and if that makes me less "happy-go-lucky," forgive me if I don't mind.

—Zach O'Connor, photo editor



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Amot crap

The Gateway has risen to new heights of mediocrity. Audible only now are the self-congratulatory burlings of a select few writers and columnists who deem themselves worthy to express their facile puddings.

The penultimate gurgle came last Thursday (the 21st) with the publication of Amot J. Gideon's pucile opinion "column." Gideon's attempt at sexual education resembled more a masturbatory slurp (ironic?) than it did any attempt at male sexual "enlightenment." And oh, how liberated he must feel to see the uninhibited references to "cunts" and his "tool" in psuedo-serious

Letters

print. Well, here, on my behalf, is a congratulatory pat on the back.

It appears that such imaginative intents plum the depths of many of your writers' senses of "journalistic" courage and integrity. No doubt there will be a typical response to my objections to such drivell—probably along the lines of "conservative prude" or "anal academic." And if that should make anyone feel better, so be it. *The Gateway* can be a forum for radicality, controversy, biting satire, and ribald humour. Unfortunately, efforts to such ends seem to exceed the imaginations of

many of this year's crop of writers and columnists. It is sad—and somewhat frightening—to think that many of these self-proclaimed columnists will, in all seriousness, use their experiences and privileges at *the Gateway* as references for career and job opportunities. Little do their future intended educators and employers realize the "heights" many of these opinion columns attain.

Intelligent and interesting writing takes effort and imagination. It is too early in the year to commit yourself to pre-pubescent giggling and hastily written crap. You do a disservice and disrespect to both your readership and yourselves.

Mark Jackson
Grad Studies

ELEMENTARY

53	126.90
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I	
iodine	

Welcome to the wonderful world of iodine. That's pronounced either I-O-dEEn (the civilized world's way) or I-O-dIn (sports editor and mentally ill way).

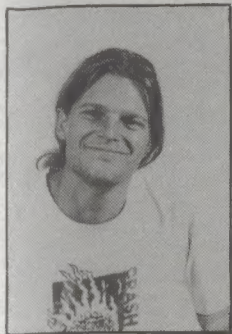
Iodine is added to salt to prevent goiter, a harmful disease that causes people to grow an extra head. Well, actually, it just causes your thyroid gland to swell up. But if it was swollen really badly and you painted a face on it, it could look like an extra head.

Iodine has an atomic number of 53, which is also the same number on

the car doors of Herbie, that lovable bug of a car who gets into all those marvelous misadventures. I think it would be neat if they made a movie called *Herbie Goes Salty* and at some point in the movie, after Buddy Hackett falls off a cliff, Herbie would crash into a pile of salt and that guy who owned Herbie who's name I can't think of right now would get out and say "Hey, this salt is iodized," and all the chemists in the audience would laugh.

Hold on, that's stupid.

Opinion



Michael Carlson

STUDYING HELL

Chinese Library closed!? I glanced at the clock, renovations I concluded, after all it was mid-afternoon on a Sunday. Sighing at this minor inconvenience, I headed upstairs to gloomy Periodicals and began to study.

After a few hours of painful squinting, a result of notoriously dim lighting which creates not only multiple shadows but also splitting headaches, I glanced at the ceiling and discovered the source of this distracting problem. Of the 38 fluorescent lights, a mere 22 were functioning. Confident of a solution to this seemingly solvable problem I approached the library counter and politely informed the staff that only a portion of the lighting system was operable. They smiled, equally as politely, and in turn informed me that "it had always been that way".

Helpless in the face of this compelling rationale, I mumbled aloud that it wasn't a big problem as Chinese Library would doubtless be opened soon anyway.

"No," they chimed in, "Chinese was now permanently closed as a study space to make way for offices." Closed..? Permanently..? Surely these people were deranged. Glancing at their sympathetic faces two things abruptly occurred to me: no, this wasn't a cruel joke perpetrated by vicious pranksters, rather; and unbelievably, the University had lost its finest and most widely used study facility. Gone was the popular (and desparate) ritual of coffee and a quick once-over before exams. Gone was the most generous library hours offered at the University—2am every night and 24 hours a day during exams. And, most sadly, gone too was the social Mecca of the Chinese family. (Regulars, you know who you are.) Indeed, this litany of thoughts and fond memories might have

progressed further had not my reverie been interrupted by the announcement that Periodicals would be closing at 6:00 p.m.

Gasping aloud, I sputtered an indignant "Oh really! Where are we supposed to study now?"

"Law library is open," they exclaimed peering at a face that had doubtlessly become a character study in trauma response. Were they really suggesting that 30,000 university students were supposed to share one library every Sunday evening? A library whose official literature included plates reserving desk

space "For Law Students Only." (Later I was to learn these offensive signs had been removed, no doubt in anticipation of just such a complaint.)

The librarians, now growing visibly uncomfortable, rushed to assure me that a new 24-hour study space was going to be opened in the basement of Cameron "sometime in mid-October." Rather than being mollified, I was incensed. Why was Chinese Library closed long before this new study space was available? Where were students supposed to go in the meantime? Perhaps the most

disturbing of all, was the knowledge that Cameron was a considerably longer walk from available parking, delegating many to a long and arduous walk across the University at all hours. Apparently we are to be left hoping that Safewalk, an admirable volunteer organization that offers safe passage through the University grounds, can handle the 24-hour upsurge in requests from needy students.

The surprise closure of the Chinese Library and the parallel cut-back in other library's hours of operation is an act of supreme

arrogance that threatens to undermine this University to a substandard level. If you, like myself, are concerned about limited space, inadequate lighting and shortened hours of accessibility at University libraries, why not call our very own University of Alberta president: Dr. Roderick Fraser at 492-3212 or Librarian Debby Dancik at 492-3794. Or, just contact Macleans Magazine, after all, they annually rate Canada's universities, doubtless they would appreciate input about our University's lamentable library access.



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Sat-Sun: 12:00, Daily: 2:25, 4:40, 7:10, 9:35	
Operation Dumbo Drop	PG
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Batman Forever	PG
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The Mage



Samson Chui

CANADIAN GOTHIC

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This week you will make an important discovery as you have always suspected, the brains and assholes of an ETS busdriver are actually connected! The act of driving an ETS bus is the catalyst needed to fully trigger this change. LOOK AT THAT, THE WORDS "ETS BUS" AND "CHANGE" ARE IN THE SAME SENTENCE! DEAR GODS WILL MIRACLES NEVER CEASE!



Σαυιτταρινο (November 22 - December 21)

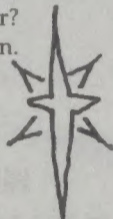
Lots of good stuff will happen to you. That's because you deserve it. Fame, fortune and Orientals will be a part of your coming week. The only way you could possibly change your fate is if you are mean to an Oriental person. Don't step on them—it could snow for weeks.

Λιβρα (September 23 - October 22)

This week you will be extremely frustrated. There will be many confusing and nasty episodes in your life. Does he like you? Does she care? Are you a winter or a fall? How many licks does it take to finish a Tootise pop? Questions that have been answered will be found this week.

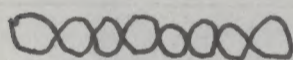
Πισχεο (February 19 - March 20)

The coffee bean calleth. There in your handbook is a coupon that allows you to have a free coffee. Decisions, decisions. When you have coffee with an exec, do you have to stay together and talk or something? Can you just get your coffee and motor? Coffee : Narmin. Coffee : Narmin. I don't know



Χανχερ (June 21 - July 22)

Godzilla will happen to you! Don't worry, though, the highly trained ninja cadre will bust in and save your skinny ass. Pickles, Pickles everywhere!!!! Legumes and goats are some of my favorite things....

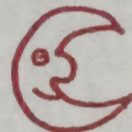
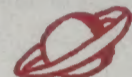


Αριεο (March 21 - April 19)

This week you will move into your new place. The old tenant will snicker as he moves his stuff out. Two days later you'll realize that moving into a place surrounded by four frat houses is kind of dumb. Unless you like vomit on your garden gnome.

Αθναρινο (January 20 - February 18)

Oriental's are tasty. That is a fact. A fact you will happily rediscover. Fall! The perfect time to find yourself a little beige bed warmer for those cold winter nights. Don't worry though there are lots to go around!

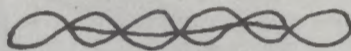


Γεμινι (May 21 - June 20)

Kiss the sun and all the same. Thrilling things will mesmerize you. Down came the atheists now Gods will rule again WOW

Ταυροο (April 20 - May 20)

You will get a "free" sample of Mcdonald's shaker fries powder. And before you know it you'll be putting it on everything: fries, popcorn, potatoes, and even your C.D.s



Gil Vinokoor

Dial "V" for...

time is going to be like. Sure I've seen many a movie and "read" many a magazine but actually doing it, well ... that's a whole new ball game. Or should I say "balls" game? Whatever the case folks, what I'm talking about here is sex. Fornication. Copulation. The old in-out.

be the first to say, "Virginity? Bu-bye!" I don't see sex as a bad thing, nor a pure thing. Something like sex is hard to judge from the outside; it best be left to classification by the couple involved.

On the other side, I am not embarrassed to say that I am a virgin. Sure, with all the machismo and "guy talk" that goes on I do feel awkward at times, but that's just the way it is. Unfortunately though, virginity is looked at as "wimp-like" and negative. I do have the desires, and have had the opportunities, but it is not something that I want to just "give out" to some girl as I would, say, a box of chocolates.

Now the reasoning behind this befuddles me! I mean you only live once. Why shouldn't I indulge in what I desire? Probably because what I desire is more than a fuck. I want more. I want my first time to be a bonding between myself and someone I truly care for, emotionally as well as physically. I'll undoubtedly remember that moment for the rest of my life. I'll want it to be a memory of love and understanding. Not just sweat and screams ... or do I? To suppress my basic instincts and live by my (unrealistic?) morals and beliefs, or to go with my desires like the Cookie Monster? I don't know. I guess it's just something I'll keep thinking and thinking about until the next day comes. Or I ... naaaahh.

"To be, or not to be." SHAKESPEARE

I was watching the "Jenny Jones" show a while back when a topic came up that got my mind rolling...

I always wonder what the first

For ever since I can remember I've been a virgin (Or to put it politically correct—on coitus hiatus). Now let me make this clear. First of all, I am not proud to say I'm a virgin. I mean, when the right occasion arises, I believe I'll



Tuition Fee Payment Deadline - September 29

The last day for payment of undergraduate and graduate fees is September 29.

If paying in installments the amount of the first installment is first term assessment as indicated on the Fee Assessment provided with your Class Timetable Notice. The second term installment, plus the \$25 installment charge, must be paid by January 31st.

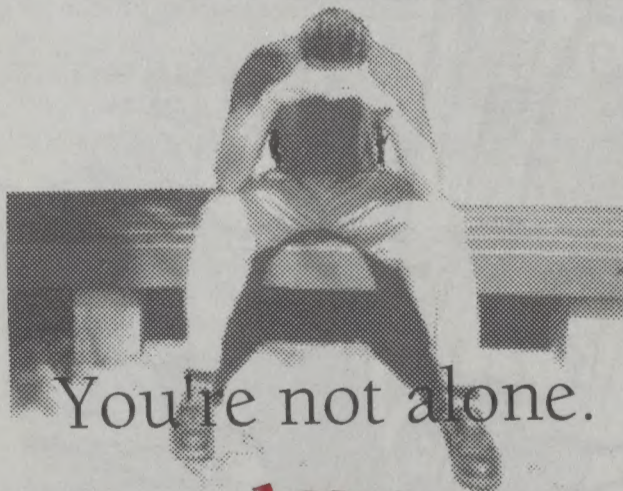
Fee accounts unpaid by the above deadlines will be assessed a \$15 penalty. Thereafter a monthly penalty of \$15 will be assessed. Cheques which are not honoured by the payer's bank will be subject to a \$15 collection charge in addition to the late payment penalty.

If fees are to be paid from some form of student assistance please refer to section 22.2.6 of the 1995/96 Timetable Addendum & Schedule of Fees booklet.

If assistance is required please call us at 492-3389.

Fees Section, Office of the Comptroller

Sept 26, 95



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ASK FISH

Griwkowsky

Help me. Please.

Oh, life was perfect.
Seriously.

I went a long time in the real world. I got a job. Got married. Had kids. Rented stuff.

Then came the dreams.

Not the "Omigosh, Anna Nicloe Smith is tackling me and I forgot to wear my shoulder pads" kind of dream, or even the "Hey get your finger out of my ass" sort, no, not those kind of dreams.

Uh, yeah.

Anyway, the kind of nagging spectres that pulled at me were of the past. They wanted to write. It was that simple. And their cry was everywhere.

Everywhere.

So I thought, "To hell with dignity. I'm goin' back."

But then I remembered my promise. I said "Never again."

Never would I write another pointless, droning, hallucinogenically influenced "Opinion (what opinion?) Piece."

Saul, a guy, looked at me piercingly as I wrapped my mouth around his... noodle. No, wait, not his noodle. Look, I was just trying to sound like I was writing in to one of those Penthouse Forum advice columns.

And it hit me like a sackful of

**Yep, he's back.
He's bad. And
he's here to
help you out.
Keep Fish from
being lonely by
asking him
about a
problem you
have. Or don't
have. Man.**

dead GODS what I should do.
Advice column.

Hi!

Just wanted to let you know that I've been reading your column and I think you're great. But I do have a problem.

See, I can't stop masturbating. Sometimes I catch myself with my hands in my pants



and I
honestly
don't

remember putting them down there! I have a vast (and impressive) collection of porn flicks and I'm always showing my jewels to my friends. Once I had to kick out a friend who stopped by unannounced because I had a throbbing erection. What is going on? I even have a girlfriend but she complains that I get more self-satisfaction. Am I normal? My friends

humor me but they're starting to talk.
Busy Hands in Edmonton

Yeah, I bet they are. Seeing as you're a liar! Don't think you can bullshit me into printing some joke letter. This is probably Jason Chouinard or Peter Hill trying to get some cheap-ass publicity by making a big fool of the Gateway! Well, I'll tell you, mister, don't screw with me. As if anyone with that problem would write it that way. Your worst enemy's name is probably

Mr. Busyhandsinedmonton or some anagram like, D e n n i s

Monhandto- busy or something. No one would actually phrase it like "Jackhammer throbbing erection, am I normal?" which you sort of phrased it like. And I know, because I do all of those things. No.

No, no I don't. Hello.

How are you? Oh, right, my advice is that you not worry about what your friends think because they're probably bastards who are going to steal your girlfriends and Judas Priest records. Hypothetically.

Advice column: I'm constantly

tired and can't keep my mind on anything. Can you suggest anything?

Tired

Hey, good pseudonym, "Tired." Welcome to university. Um, maybe get more sleep. Yeah, that's what Abby would say. Quit hanging around at the arcade, don't believe your prof when he tells you you have to run laps at the B-dome if you don't know the answer to his questions, that kind of thing. And good luck!

Well, I'm "tired" for today. Time to go back to Molly, Billy, Timmy and the twins.

But I'll be back.

Keep sending your letters to Ask Fish, Room 282 SUB, or, if you like, you can zoom right onto the electronic highway, and beam your e-letters to our e-mail address which you will find somewhere else in the fucking paper and can look up your lazy self, you computer-addicted ass-facer.

Questions about any topic acceptable.

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I have the answer.

Or is that, I have cancer?

Pants, er...?

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Mondays & Thursdays, February 12 - June 13

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Tuesdays, Jan. 9 - April 16, 6 - 9 p.m.

PATHOPHYSIOLOGY NURS202.3 (university transferable-
homestudy)
Jan. 9 - April 30 or May 1 - August 25

ANATOMY NURS105.3 (university transferable)
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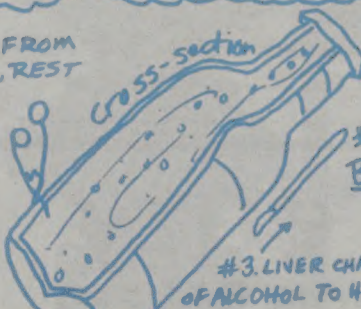


sept. 28, s4

ANATOMY 6th @ 9:00 am Rm 102

20% OF ALCOHOL IS ABSORBED FROM STOMACH AND GOES INTO BLOOD STREAM, REST GOES INTO SMALL INTESTINES AND ENTERS BLOOD STREAM FROM THERE.

BORING
#2 TAKES ALCOHOL IN BLOOD STREAM
#2-3 MINUTES TO REACH BRAIN



#5 HUMAN BODY CAN PROCESS ABOUT ONE BEER AN HOUR. WHAT ABOUT MY CAT?

#4 HIGH LEVELS AFFECT BALANCE, VISION, ALERTNESS

#3 LIVER CHANGES SMALL AMOUNTS OF ALCOHOL TO H₂O, CO₂ AND ENERGY Kcal/Kg.

#6 SWEATING AND BREATHING ON ELIMINATE SMALL AMOUNTS OF ALCOHOL

#7 TIRED, TENSE OR ON MEDICATION CAN INCREASE ALCOHOL EFFECTS

#8 NO SOBER-UP FORMULA!!

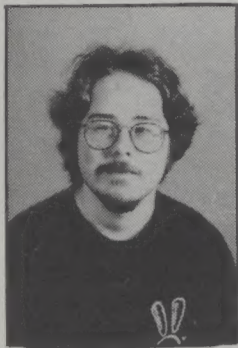
#9 BEER: FROM LATIN BIBERE TO DRINK

ALCOHOL REDUCES SENSITIVITY
NOT A GOOD OPENER

KNOW WHEN TO DRAW THE LINE

Labatt

Mmm...Tasty Opinion



Amot J. Gideon

I just reread Swift's *A Modest Proposal* and I am jazzed. A thought so brilliant, so wise, so fucking obvious it hit me like a frozen haddock. He's right!

It doesn't matter that he was going for satire, and didn't mean anyone to take his little essay seriously. Hell, it's his own fault for being so trusting, and after reading it for a fifth time I can see now that it's my responsibility to bring his idea to the masses.

For those of you unaware of this masterpiece (engineering

An Immodest Proposal

majors, I suspect) a brief synopsis: writing in the guise of a wealthy eighteenth-century landlord, Swift proposes a solution to the problem of his era's massive amounts of poor, icky people. He suggests that if properly bred the infant boys of these people could become an exotic and cheaply produced delicacy. Of course at the time he was merely pointing out the ignorance and stupidity of the aristocracy and their injustices against the poor, but to look at it with the fresh eyes of a new and modern time, one (meaning me) realizes that Swift is at least partly right.

I say partly, because in these politically correct times I feel it is unfair to allow just the poor to be

eaten only by the more financially well-off. In my new proposal I suggest that as well as the poor we eat the following groups of people:

1) Stupid people: George Carlin once quipped "think about how stupid the average person is and realize that half of us are even stupider than that." Not only is this group plentiful, but widely varied depending on your meat preference. They come in fatty, tough, skinny, and countless other varieties. As well, they are easily confused, and through the use of time-honoured methods like drugs (particularly alcohol) and television, easily caught.

2) Old people: while on the whole tougher and bonier than most would like, senior citizens

could be used for stewing meat, as well as for the processed forms (hot dogs, etc.) Often just as easily confused as the stupid people, seniors are easily herded into "rest-homes" where they can quietly await the slaughter.

3) Young Offenders: not only are these youngsters tasty, but the threat of being consumed will also act as a deterrent for these rapacious hellions, who are the current scourge of our otherwise healthy and loving society.

4) Liberals: a nutritious and delicious treat plus an easy way to get rid of that nasty "conscious" which often gets in the way of daring endeavors such as this.

5) Homosexuals: while perhaps a little too flamboyant for the more conservative gourmand, the meat from this group will no longer serve as a threat to the emotional well-being of our children (Amen Hallelujah), and finally (as already mentioned)

6) The poor: both an easy way to feed hungry mouths and to keep those nasty people off the welfare, which is what we all want, isn't it? "But Amot?" you ask,

"Cannibalism? Isn't that going too far?"

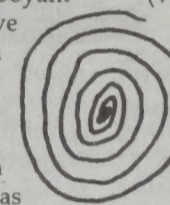
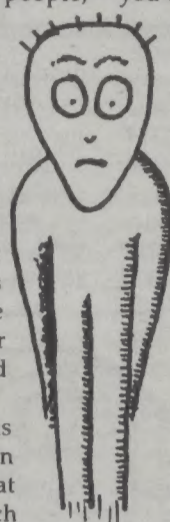
Excuse me, but I didn't know you were a vegetarian? (If you are, ignore the following tirade.)

If there's anything I hate it's a hypocrite. Here you happily dig into the flesh of poor defenseless animals, satisfied in the knowledge that you are a superior being on the food chain, but once someone suggests you eat an animal that can (conceivably) defend itself and could possibly be a relation you go all to pieces. You make me sick.

I'm not saying we should round these people up and keep them in cages. No, I say we hunt them. Give everyone over the age of sixteen a shotgun and a license to kill. (Wouldn't that be cool!)

Together we can stalk the above-mentioned peoples and live happily in the knowledge that we're eating well and building a better society.

Perhaps my new vision is too powerful for you to comprehend, but mark my words someday you'll come to see this plan as more than a sick deluded piece of shit but the call to revolution it really is.



SERVICE?

grease sandwich and you'll like it." In my limited experience in the service industry I've come home with the residue of beery urine on the knees of my jeans, laundered towels I've been sorely tempted to throw away, and handled enough hotel sheets to have contracted TB, gotten pregnant, or a combination of the two. I didn't like any aspect of my job and I especially despised the customers, but I maintained the illusion that I wasn't a bitter, shattered person for the sake of a paycheck.

Any job where you come in contact with people requires a

certain amount of politeness and professionalism. Many Versa employees that I've come into contact with are not only efficient but friendly as well. Unfortunately, there are a few who are just damn rude and bitchy without provocation.

I'm not going to do anything drastic. They won't find me naked in the shower sawing at my wrist with my Varsity card, praying that the magnetic strip opens a vein so that I'm freed from the curse of short-order chefs with an attitude. But make no mistake, I'm tired of the shit.



Jill Dixon

Who would have thought that a large sum of food money coded onto a slim plastic card could ever be a burden? Science fiction buffs and Utopian theorists alike have dreamed glassy-eyed of a society in which citizens could acquire goods without having to barter or produce currency. Well, I've reached that higher plateau of existence and I think I like grovelling around with the technomortals.

Yes, I have a meal plan. I live in Lister Hall, therefore my meal plan is mandatory. For the remainder of the year I must brave specific food outlets on campus because my mealcard and lack of cash bind me to Versa like a frantic wolverine in a leghold trap. Strangely enough, it's not the food I object to: I've finally adjusted. Now I consider bloating, queasiness and general unrest in my duodenum to be an acceptable side effect of my food choices. What bothers me is that I'm served at least once a day by a cashier/cook who's either unaware of the importance of customer service or just doesn't believe in it. The major concern seems to be taking my card and scanning it as quickly as possible.

I especially resent the occasional glance that says "Fuck you, you coddled little post-secondary trust-fund whipped brat. I'll give you your overpriced, undersized, lukewarm gopher-

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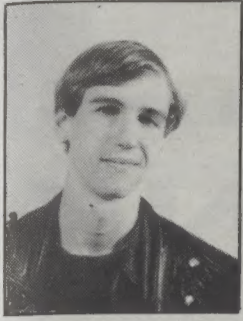
Career & Placement Services
(4th Floor, SUB)



S21-P3

EVERYONE
LIKES
PLASMA

Tips



Scott Sharplin

Okay, by now you've heard from a thousand sources (and SORSES) how to survive at the U of A, how to study, how to write exams, and just generally what to do. Cool. If you've paid attention to even a fraction of the info blitz, you'll fare fine. But there's also a

SURVIVAL

—at the U of A

list of what NOT to do. You know, how to get through post-secondary life without getting on everyone else's nerves.

Now, I really have no more authority in these matters than your average third-year student. But I do know there are a lot of really annoying people on campus, and this is my chance to be tactless and set y'all straight.

RULE #1: DON'T STOP IN THE MIDDLE OF THE HALLWAYS! Between classes, you

are one of approximately thirteen gazillion students trying to get from Tory to HUB. When you see that friend going in the opposite direction and you decide to stop and chat, you are impeding the education of an entire generation. So if the next leaders of the free world all turn out to be morons, it may be because you blocked them all in the hallway that day.

ADDENDUM: When you're going up and down the escalators in the LRT, there's a bit of protocol

you might not know about: you stand on the right so that people can go by you on the left. Don't stand side by side; I'm late for my class and your butts aren't that fun to stare at.

RULE #2: DON'T WRITE OBTUSE, CRO-MAGNON GRAFFITI IN THE BATHROOM STALLS. I know, I know, there's already plenty there, so you figure, hey, why not, another little "fukk yew" can't hurt, right? Your grammar is atrocious, and the little defecation rhymes were invented in my elementary school, I believe. Grow up—or at least come up with something remotely original.

RULE #3: DON'T BRAG ABOUT HOW MUCH COFFEE/ALCOHOL/NICOTINE YOU CONSUME. We all do it. Vices are part of the subculture. So there's no need to compete, to pretend that consuming more caffeine makes you a better student. I even know one guy who boasts about how

many classes he's skipped. Gee, that's bright. Who wants to brag about how much money they've wasted on tuition this term?

RULE #4: DON'T DICK AROUND IN THE LIBRARIES. This is mostly for the mouthy kids who assume the library is just another hang-out in which to gab about how drunk they got on the weekend (see Rule #3), but also for the twerps who obviously don't feel comfortable eating their lunch in areas designed for that purpose. Please, I beg you, mercy! The library is the last bulwark for real academia, and no, I'm not some bookworm who spends every day studying in Rutherford. Just the important days.

Yeah, I know, I'm anal. If you want to write about how unpleasant you found my suggestions, go right ahead. Just don't do it in the bathroom stalls...or, if you must, at least check your spelling.

Did you know...?

component you want is Mystrin. Luckily, it just so happens that one of the first organic chem labs you do is designed to isolate Tri-Mystrin from nutmeg in order to teach an easy, elementary technique known as refluxing. The easy to follow, step-by-step instructions that lead neophyte chem students by the nose are available in the lab manual that the bookstore sells for around 10 dollars.

I don't usually smoke pot because it makes me, personally, feel stupid. In Bot 380 you learn that good pot has eight to 14 per cent active ingredient and that hash oil, made by a complicated extraction procedure, usually involving flammable solvents, can have 50 per cent or more active ingredient. You may have heard of illicit drug labs exploding: it was probably due to this very operation. The lives and damage were unnecessary because anyone

with access to a blender, filter, and microwave can do it quicker and safer. Grinding a very dry plant and filtering it through the smallest mesh filter sold at a hardware store will expose the maximum amount of plant cells possible. Mixing with any oil and then repeatedly heating at high for a few minutes in your microwave (while stirring) will rupture those cells and release the active ingredient into the oil. Putting small amounts into gelatin capsules and storing immediately in the freezer will ensure it doesn't go rancid. Theoretically, one gelatin capsule will be several times more powerful than any joint, just slower to kick in. Good things come to those who wait.

While I personally don't advocate doing anything that might get you put in jail, I just thought you might like to know what I'm doing with my education. You're welcome.

(Editor's note: The following stuff wasn't exactly tested by anyone we know [except for Jason himself, maybe], though it's all probably true, but the words: **AT YOUR OWN RISK apply, got it?**)

Every year the University of Alberta produces pounds of a potent, legal hallucinogen as it initiates thousands of students into organic chemistry. Because information is power, this article will not be about corporate media conspiracies or how the Earth's ills could be solved by decriminalization of hemp. Instead I'm going to give you a simple lesson in chemistry.

Malcolm X got high in jail from a mixture of approximately two tablespoons of nutmeg in water. Unfortunately, the side-effects of this "tea" read like a very bad case of food poisoning: diarrhea, severe headaches, and violent puking, all caused by toxic alkaloids also inherent to nutmeg. As any student of Botany 380 (Drug Plants of the World) can tell you, the only



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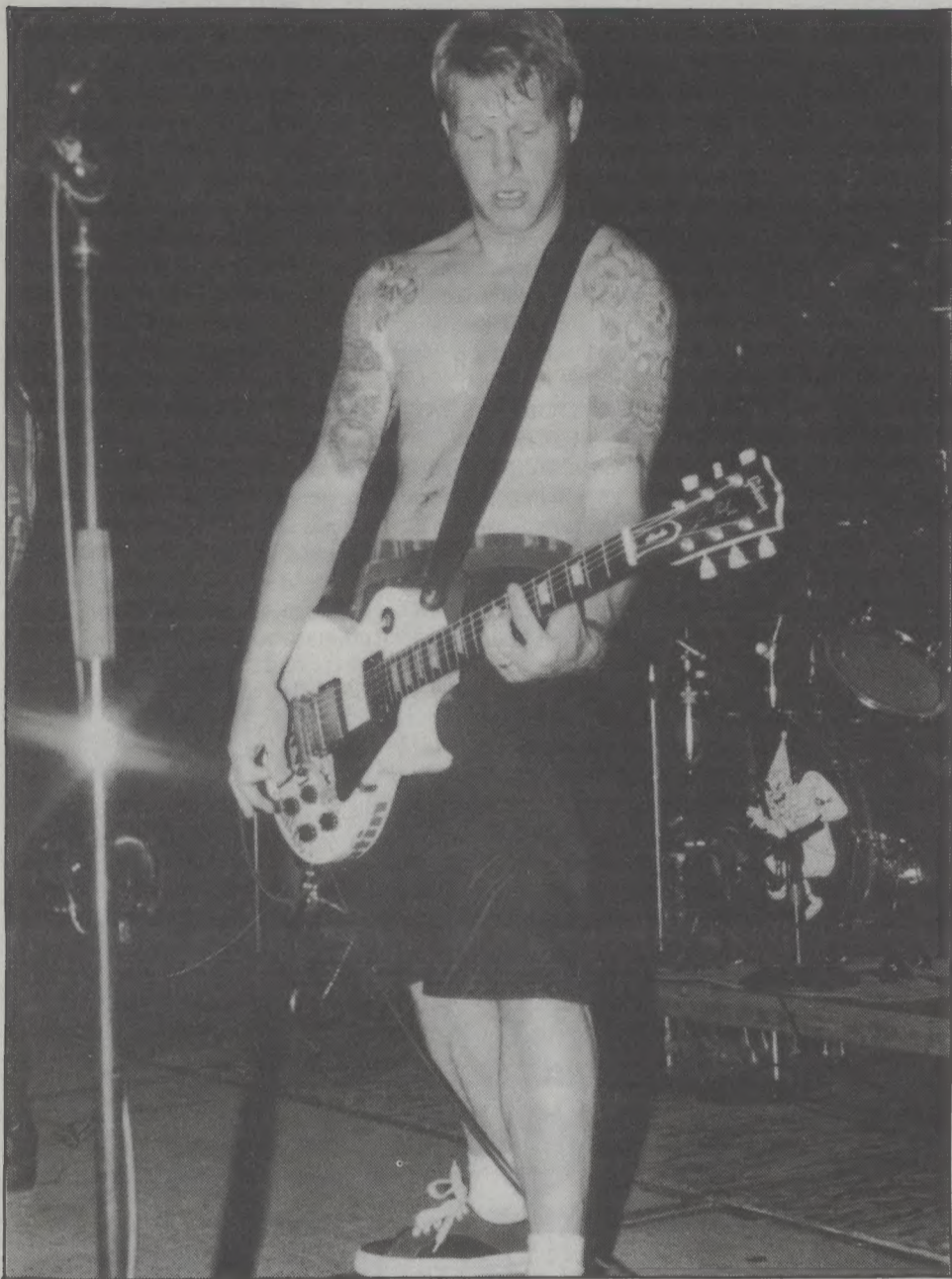
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FACE TO FACE PUNK



Nathan "Punky Brewster" Fairbairn

Punkmaster stares in disbelief at the entropy rippling off his guitar. Or maybe it's just the tattoos. Isn't life just nuts?

Face To Face
with Jughead's Revenge and Field Day
Dinwoodies
September 26

review by Nathan "Punky" Fairbairn

Just in case there was ever any doubt; PUNK ROCK FUCKING KICKS MY ASS!! That being said—on to the review.

Field Day came onto the stage at around eight o'clock. Um, actually, they didn't *really* come onto the stage. That would, of course, be illegal and just downright rude. They did, however, play a really strong set that was altogether kind of bitchin'. The all-ages crowd really didn't seem to have a clue about the band or the music but at least they tried to get into the songs.

After Field Day finished their set came the band known to mortals as Jughead's

as supposedly reviewing it, but I gotta tell you, I was one hurtin' Albertan when, during the first three songs, I had to stand at the side of the stage and calmly pick out compositions and angles when all I really wanted to do was dive into the pit and just basically be really stupid. I was seriously beginning to consider wading into the teeming mass of unwashed heathens, camera held high in some sort of weird offering to the gods of entropy and all things punk when a fortuitous thing happened; my film ran out before my sanity did.

If you have never heard any Face to Face before, and have ever found yourself digging a groovy punk song, I really urge you to buy or borrow a Face to Face CD. It will hurt you. Additional readings include Pennywise: Unknown Road and well, anything punk.

Any way, as soon as I had safely stowed

...some sort of weird offering to entropy and all things punk...

Revenge. Who didn't suck. I have to admit that prior to the show I had never heard of this band and I still don't really know dick-all about them. I'm a pretty fuckin' impressive reporter, huh?

I would like to say that I was favourably impressed by their show but I probably wasn't. I mean, I had absolutely no desire to purchase one of their tapes after the gig, so they must not have been that good. They most likely achieved what they set out to do and produced some medium-to-fair punk songs, but overall they came across to me as unmemorable and non-substantive.

And then: Face to Face. Face to Face. Face To Face. To Face To Face.

Holy shit! I fuckin' love these guys! I mean, they really kick the shit out of me. I swear that I usually possess a somewhat more impressive vocabulary than I am displaying right now, it's just that they *really* kick the shit out of me.

I was taking photos of the show as well

the soul stealing devil box behind the bar I rushed to join the festivities taking place immediately in front of the stage. Now, I don't want to come off as one of those ultra-tough and cool "experienced" moshers, It's just that I seem to remember there being some mention of a circle in the *Mosher's Etiquette* handbook I received when I was a kid. I just don't understand what is so fucking complicated about this thing. How hard is it to grasp the concept of running around in a circle like an idiot, flailing your arms like a damn fool and smashing into other like-minded individuals? It's not exactly rocket science for Christ's sake. I despair for the future generation when they can't even figure such an incredibly simple and stupid thing.

Whoa. Where the hell did that come from? Verbal fucking diarrhea. Hallelujah.

Anyways, yeah. Face to Face kicked ass and you should see them or hear them because they are good. Thanks.

Don Johnson's got The All-Star Blues

The Don Johnson Blues All-Stars
Coming to Sneaky Pete's
September 28-30

preview by Bruce Stovel

Imagine that you are in a small bar in 1955 and hearing Ray Charles or Bobby Blue Bland singing at the peak of their powers. That's what it will be like when Don Johnson belts out the blues downtown this weekend.

Don Johnson is a drummer from Texas by way of Los Angeles who has just begun a solo career. He's 46, Black, blind, and a gospel-trained singer: his beautiful deep baritone voice is embellished with the wails, screeches, squawks, and falsettos that Ray Charles brought out of the church and into Black popular music.

Don and his all-star band play Sneaky Pete's, the basement blues bar in the Mayfair Hotel downtown, Thursday through Saturday nights.

Don settled in Calgary five years ago, after playing drums for years in the touring band of Philip Walker, as well as putting in stints with West Coast blues ikons Big Mama Thornton, Charles Brown, and Pee Wee Crayton. For eight years in the 70's he sang and played drums with the Grammy-winning disco group A Taste of Honey.

Just this summer Don has begun performing as a singer in front of his own



Bruce Stovel

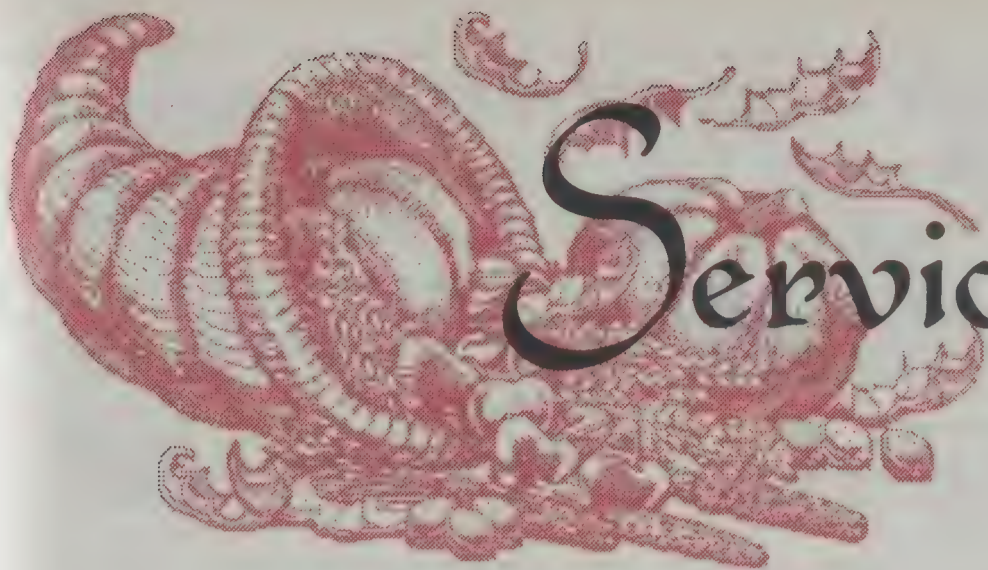
Don Johnson—he's 46, black, blind, and his voice...simply beautiful. And those hats. Mmmmmm, the blues, man.

band, as opposed to singing a four- or five-song mini-set from the drum kit in someone else's show. Last winter he put out a CD, *It's Not Easy Being Blue*, that showcases his singing and songwriting—all the numbers are originals, including the terrific slow blues, "Thrilling You, Killing Me."

Playing behind Don this weekend will be two of Canada's most exciting bluesmen. Johnny V, the veteran guitarist from Calgary, produced and played guitar on Don's CD; he also plays lead guitar on the comeback CD, "Urban Blues Re: Newell," put out earlier this year by Hamilton's blues legend, King Biscuit Boy (aka Richard Newell). Nineteen-year-old piano player Jesse O'Brien, also from Hamilton, is making his first appearance in Edmonton: he plays sensational piano on the same King Biscuit Boy CD and has been touring in the past year with Ronnie Hawkins.

This band played Vancouver earlier this month, and Andy Grigg, editor of *West Coast Blues Review*, Canada's national blues magazine, called it "the most exciting live blues show in this province since Big Jack Johnson was here three years ago."

Big Jack, the Mississippi Delta juke-joint star, provided Edmonton's most exciting blues event last winter when he played Sneaky Pete's. So this weekend's show at Sneaky Pete's is one not to miss.



Services Abound!



This Gateway Supplement is the second edition of a partnership between University Student Services, the Students' Union and the Graduate Students' Association. Based on the hard work and good will of both the University and Students' Union we are seeing an increasing number of opportunities to work together in serving students. For both the Students' Union, the Graduate Students' Association and the University, students and student needs are the priority.

The University of Alberta campus is very large. Those distances seem even larger when a student is looking for help with a problem - small or large. That's why it is important that we look at the entire campus. The services that are available for students are endeavouring to coordinate better.

You will find a wide array of different services featured in this supplement. Some feature information and opportunities that greatly enhance student life. Others are there for the time when you run into problems - personal or academic. All of these services

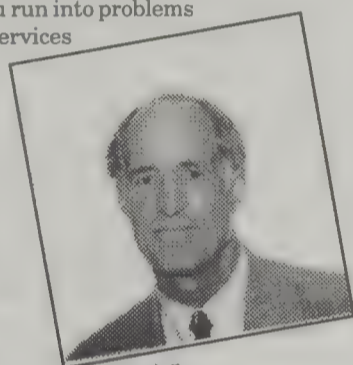
work hard to make the University campus into a community which works together and cares for its members. Our University is far more than individuals passing through a seemingly anonymous system. It is very much about the people you meet, the lessons you learn (in and out of class) and the experiences you will take with you through the rest of your life. We are here to help with that.

We hope you will take the time to browse through this supplement. While doing so, there are some things you should keep in mind. One is that many of these services rely on volunteers and/or staff to operate effectively. If you feel you have enthusiasm, energy and interest in a service there may be

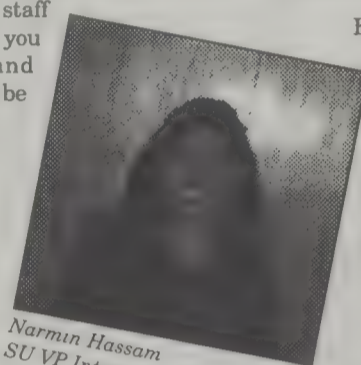
an opportunity for you. To find out more, call up the service you are interested in.

The second point is that we (the Vice-President Internal of the SU, the Vice-President Student Services of the GSA and the Dean of Students) are responsible for our student services. If you have any questions or concerns we would like to hear from you. Student feedback is essential in ensuring the quality and effectiveness of the services which we offer. You, as students, know your own needs best - that is why your opinions are important to us.

Finally, we hope that in reading this supplement you learn something new about one of our services. This could be a solution which helps to solve a problem, a service that makes your life easier or an option that presents you with an unexpected opportunity. Take advantage of the abundance of services available to you - we hope they will help to make your experience at the University of Alberta an enjoyable one.



Jim Newton
Dean of Students



Narmin Hassam
SU VP Internal



Robert Hatchard
GSA VP Student Services

Office of the Dean of Students

245 Athabasca Hall 492-4145
jim.newton@ualberta.ca



The Dean of Students plays a major role in the definition and maintenance of a healthy and respectful relationship between the University of Alberta and its graduate and undergraduate students. Students experiencing difficulty in their relationship with the University or its faculty and staff, or students who find that the accomplishment of their legitimate goals is being frustrated by University policies, practice or bureaucracy may find assistance through the Office of the Dean of Students. University departments or offices experiencing difficulties in their interactions with students may also receive guidance and assistance from the Dean of Students.

The Dean of Students is the senior University administrator responsible for the provision of a number of specialized services for students, known collectively as University Student Services. In addition, the Dean of Students chairs the Council on Student Life which is comprised of representatives of students, faculty and services and has, as its goal, the betterment of student life at the University of Alberta. Finally, in cooperation with the Students' Union Student Group Services, the Office of the Dean of Students is responsible for overseeing the student group registration process.

GSA Services For You



206 North Power Plant 492-2175
hatchard@sneezy.mec.ualberta.ca

The GSA provides services that are designed to enhance the general welfare of graduate students. These services range from assisting students with academic concerns to negotiating graduate assistantship contracts with the administration to providing dental insurance for students.

Food Drive

In choosing our theme of abundance, we were conscious that for many people in the world, there is a lack of abundance. Realizing this, University Student Services and the Students' Union are running a food drive during Services Awareness Week, October 2 through October 6. Donations will be given to the Campus Food Bank (sponsored by the Graduate Students' Association) and the Edmonton Food Bank.

You can drop off your food bank donation at the display tables that will be promoting the Week throughout campus for a chance to enter your name in a draw for prizes (see page 5 for locations) or bring it to the Services Awareness Week Celebration BBQ in quad on Friday, October 6. Bring a food bank donation to the BBQ and you'll receive a free hotdog!

Know Your SU Services

259 Students' Union Building 492-4236
vpinternal@pybus.su.ualberta.ca
or nhassam@gpu.srv.ualberta.ca

A variety of services, provided by the Students' Union and University Student Services, are available on this campus. The services, whose aim is to understand the unique problems, concerns, challenges and experiences of being a student, vary in nature: some are related to academics while others are more focused on extra-curricular life. Part of your \$68 Students' Union fee aids in providing the seven Students' Union services. You also pay a Student Services fee for the eight University Student Services. In addition, there are two joint services supported by both the University and the Students' Union.

The people involved in providing services for students believe that learning about the broad range of services can ensure that your time at the University is enhanced.

Find out what services exist: Having a tough day? Can't find a job? Can't find a class? Need to appeal a grade? Want some volunteer experience? We have services to help answer all of these questions and concerns. Look us up!

October 2 to October 6 is Services Awareness Week. Throughout the week, tables will be set up around campus to provide you with the information you need. As well, a number of activities have been planned throughout the week. Take the time to gain as much information as possible about what is available to you. You pay for these services - so please make use of them.



Academic Support Centre

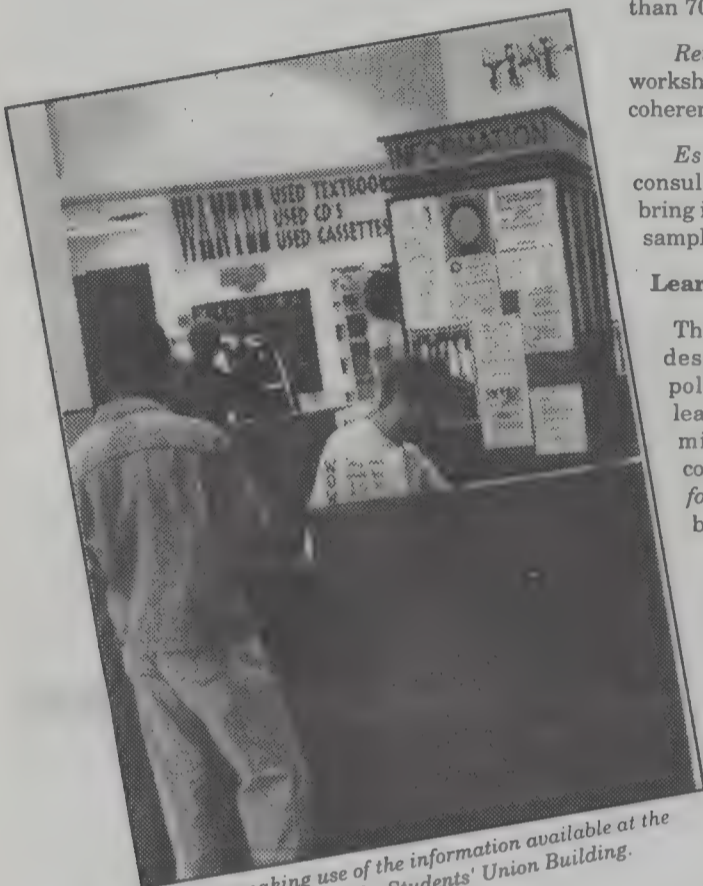
102 Athabasca Hall 492-2682



Services Awareness Week 1995

October 2 to October 6!

Learn about the University Student Services and Students' Union Services that are available to you.



A student making use of the information available at the Information Booth in the Students' Union Building.

The Academic Support Centre's primary goal is to enhance students' academic skills by assisting them to achieve their full potential in their pursuit of academic excellence. Fees are charged for most services.

Effective Writing Resources

An Introduction to University Essay Writing is a four-hour Saturday workshop providing an overview of essay writing, focusing on structure, coherence and basic research skills.

Editing for Correctness and Clarity is a six-hour Saturday mini-course covering developing a clear prose style and editing for common sentence level and grammar problems.

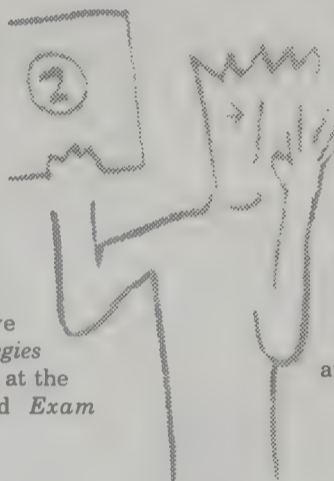
Writing for University is an eighteen-hour course covering all aspects of essay writing, particularly recommended for students who received a grade of less than 70% in English 30.

Revising and Editing Your Thesis is a ten-hour workshop designed to help graduate students write clear, coherent, error-free prose.

Essay Reviews are private consultations in which students may bring in graded essays or other writing samples for analysis.

Learning Resource Program

The Learning Resource Program is designed to assist students in polishing up their studying and learning techniques. Two popular mini-courses that students have consistently found helpful are *Strategies for Academic Achievement* (offered at the beginning of each term) and *Exam*



Preparation (offered before exams in October, December, February and March).

Other topics covered by workshops include techniques for studying, time management, writing multiple choice exams, effective study skills, strategies for memory improvement, note-taking skills, textbook reading and comprehension strategies, organizing term papers, test taking skills, test wiseness, cramming and dealing with exam stress and procrastination.

Mathematics Resource Centre

The Mathematics Resource Centre aims to prepare and support students of all disciplines during their study of mathematics and mathematics-related areas. To this end, we offer the following workshops for a small fee:

Preparation Workshops, particularly recommended for those who have recently received less than 75% in Math 30 or who have not studied mathematics for a year or longer.

Midterm and Final Exam Preparation Workshops, held during the term in a variety of mathematics, physics and statistics courses.

Computer Workshops, held in computer labs, give students the opportunity to participate actively in their instruction. Topics include Introduction to Computers, Word-processing, Spreadsheets (Excel), the Internet and Wordprocessing a Thesis.

Tutors, a database of approved tutors in mathematics and related areas.

Computer-Aided Learning, for Calculus and Math 30.

Information Services



030L Students' Union Building 492-2784

"How may I help you?" is probably the most common question heard at the information booths on campus. That is why we are here - to help you in any way that we can. Our friendly and knowledgeable staff will be able to answer your questions or will be able to refer you to someone who can. No question is too small.

But wait! There's more to information Services than answering questions. Do you take the LRT or the bus to campus? If you do, then you can buy your bus pass in CAB or SUB at a reduced student rate. If you don't need a pass, you can purchase a book of tickets as well. Thinking of going to an event in the Myer Horowitz Theatre or Dinwoodie Lounge? Check out the information booths because we'll sell you the tickets. Let Information Services be your source for entertainment information and tickets on campus.

Looking for a tutor? Want to order that old exam? The information booths in CAB and HUB have complete listings of the services offered by the Students' Union Registries. You can order old exams and see the listings of used books, tutors and typists. We offer a number of other services at each desk including: 24-hour direct lines to Campus Security, a telephone device for the deaf, lost and found service in CAB and SUB as well as Edmonton entertainment information.

The information booths are located on the main floors of SUB and CAB and on the mall level of HUB. All of the desks are open from 9 a.m. to 5 p.m. Monday through Friday. The SUB desk is also open on Saturdays from 10 a.m. to 4 p.m.

Stop by and make use of all of the services we offer!

Student Group Services

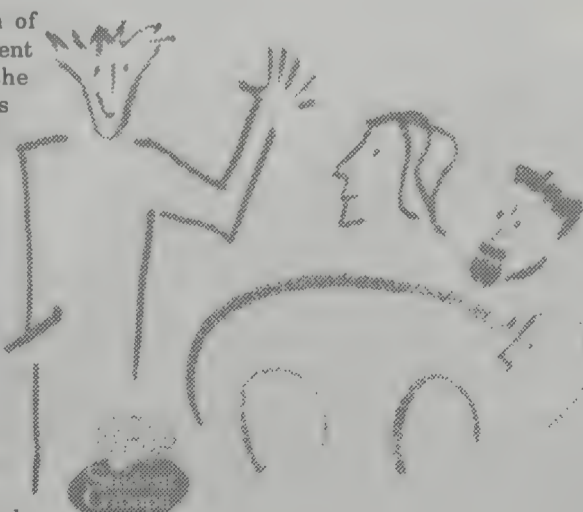
040V Students' Union Building 492-9789

Sounds pretty straight forward, doesn't it? Must have something to do with student groups, right? But what is a student group? Hobby and recreational clubs, sure. Obviously the Trekkies and the Phantasy Gamers are a group of students sharing a common interest. But what about sport clubs and teams? Sure, they're student groups too. So are faculty associations. And departmental clubs. And religious and ethnic organizations. And political groups. And campus and community involvement organizations. In fact, any two people standing around who want to be the U of A Thumb Twiddlers can register as a student group.

Registering with the Office of the Dean of Students is required under the Code of Student Behaviour. This gives you the right to use the University of Alberta name, book rooms on campus and access the University's liquor and gaming permits (at a cost). Registering with the Students' Union Office of Student Groups is optional and allows groups to have access to even more services. For example, SU registered groups can apply to either work a Dinwoodie event as a fundraiser or book the room for a fundraising event of their own. On an annual basis, office spaces for student groups are provided. Currently, we are providing space for 53 student groups in 21 offices. The SU also administers a \$50,000 per year fund from which student groups, faculty associations and housing and residence committee members can apply for funding for hosting special events, attending conferences, short-term loans, capital purchases (faculty and residence associations only) and

start-up costs (student groups). The Students' Union building has many meeting and function rooms, all of which can be booked at no charge (except clean up in the case of the Myer Horowitz Theatre or the Dinwoodie Lounge) by any SU registered student group.

For more information of services available, how to register a new group or contact information on an existing student group, please contact the Director of Student Groups (location and number above). We look forward to hearing from you!



Sexual Assault Centre

040J Students' Union Building 492-9771

Sexual assault is the legal term used in Canada to refer to any form of sexual contact without voluntary consent. Kissing, fondling, sexual intercourse, anal intercourse and oral sex are all examples of sexual assault when conducted without voluntary consent. Sexual assault is a humiliating, degrading and often violent crime which profoundly impacts the self-esteem, social relationships and life experiences of its victims.

Ninety sexual assault survivors had the courage to seek assistance and support from the Sexual Assault Centre (SAC) between August 1, 1994 and July 31, 1995. The most common form of sexual assault reported to the SAC was acquaintance assault (51%), followed by adult survivors of child sexual abuse (26%). These students are now coping with abuse and recovery while managing their university workload. The majority of assault survivors were female (93%) and 64% of the assaults took place either in the home of the survivor or in the home of the perpetrator of the assault.

The Sexual Assault Centre believes that if help is available for sexual assault survivors and the people around them, recovery, emotional healing, personal growth and strength will result. Staff and volunteers provide crisis intervention, short-term counselling, support, information and referrals to people impacted by sexual assault. Upon request, we will provide

information and accompany sexual assault survivors through any further hospital, police or court involvement. Appointments can be made by phone or by dropping by our office.

We also offer a variety of workshops on sexual assault, including an introductory workshop, "Working for Change." Other workshops include discussing the male perspective on sexual assault and the impact of sexual assault on relationships with friends and family. Each workshop challenges participants to examine and change their own attitudes and behaviours to prevent sexual assault and provides an open and safe forum for men and women to discuss the issue of sexual assault as well as their own experiences. Workshops can be arranged by contacting the Education Coordinator (location and number above).

Remember

Celebrate Services Awareness Week at the BBQ in quad on Friday, October 6! Bring a food bank donation and get your hotdog for free (if not, pay a loonie).

International Centre

172 HUB International 492-2692

As the world is changing, in every arena and course of life, the definitions of individual, nation and country are becoming blurred. There is increased interdependence - we rely on each other and must work together to face the challenges that confront us. Equality and peace are foundations that all must work towards. Cooperation is key - for all the world must share in the successes of the future.

The International Centre works with and for students to provide an international dimension on campus that helps in understanding and reacting to this changing world. This is accomplished through three inter-related areas: the International Development Education Program, Foreign Student Services and Programs and the Education Abroad Program.

So, whether you choose to learn about your connections to the South, share your experience of your home country or study abroad, you will gain insights into your place in the global context.

Programs the International Centre offers that you can participate in include:

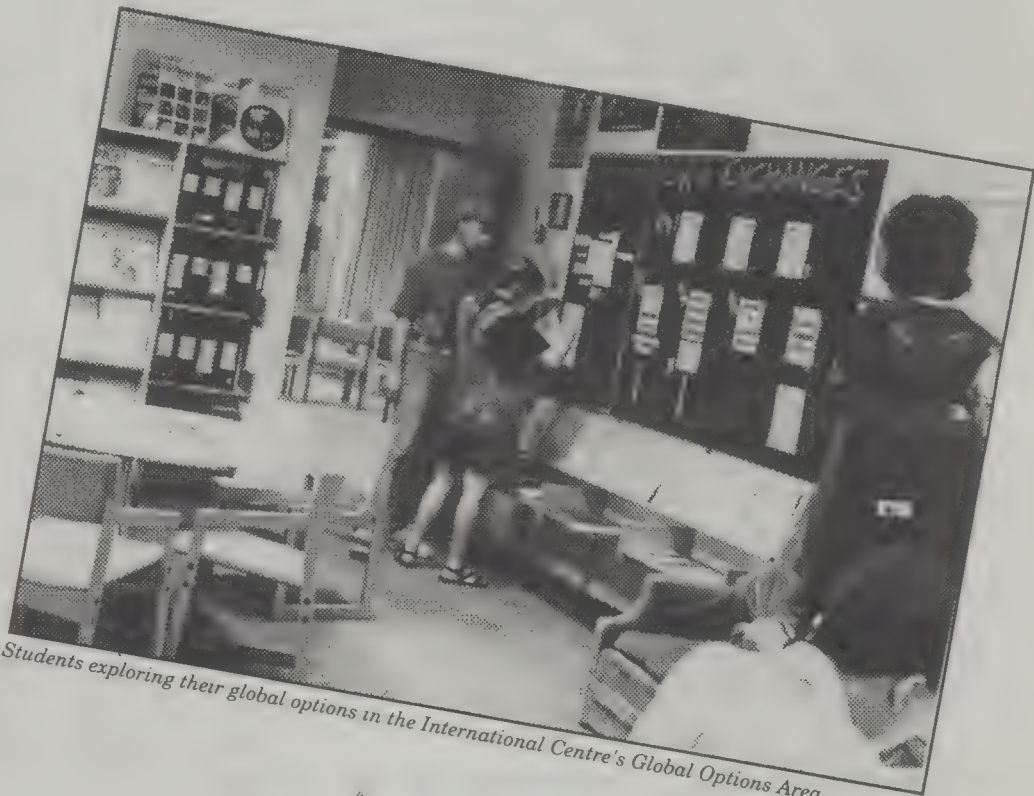
- Bridges: Student Speakers for Global Awareness.
- The Host Program.
- Southern Exposure.
- International Week.
- Study Abroad Fairs.
- University of Alberta student exchanges.

The International Centre produces several publications including:

- The International News.
- The Directory of Resources for a Global Education at the University of Alberta.
- The Foreign Student Handbook.
- Student Exchanges and Study Abroad... a quick tour.

You can find out more about the International Centre by stopping by the Centre or looking through our homepages on the Internet's World Wide Web at: <http://admin1.intlcent.ualberta.ca/ic.hp.html>

Participate and learn - take the steps to Internationalize yourself!



Student Help

030P Students' Union Building 492-HELP (4357)

Picture This... You're totally stressed about your courses, you just broke up with the love of your life and your family is getting on your nerves...

What do you do?

Where can you go to just talk to someone?

Go to Student Help!

Student Help is a confidential peer counselling and support service dedicated to helping you, the University of Alberta student. We can help you deal with any issues that may be cluttering your life. Problems and concerns can range from, "Where's the bathroom in SUB" to boy/girl friend trouble to exam stress or family problems. No problem is too big or too small - we just want to help!

What Can Student Help Do For Me?

Student Help's approach emphasizes active listening, helping you clarify issues and offering you unconditional support. We will help you explore various options and allow you to discover your own solutions, rather than just giving you advice. At Student Help, confidentiality is maintained. You can rest assured that what is said between you and a counsellor, will stay

between you. If our volunteers are not equipped to handle your problem, we can and will put you in touch with someone who is.

Remember... you are not the only one feeling like this and you don't have to deal with anything alone!

Call or drop in (location and number above). We're open Monday through Friday 8 a.m. to 11 p.m. and weekends from 5 p.m. to 11 p.m. No appointment is necessary.

Student Financial Aid and Information Centre

302G Students' Union Building 492-3483

The Student Financial Aid and Information Centre is a cooperative service of the University of Alberta and the Students' Union. Do you have student loan or budget problems? We are here to help students sort out their finances so that they can focus on their academic objectives.

We offer a number of programs including: government loan assistance, budgeting and financial management information, volunteer opportunities with high school outreach, emergency student loans and supplementary bursaries.

Government Student Loans - What's New This Year

If you received an Alberta loan last year you probably remember that you had to deal with the CIBC, as they had signed an agreement with the government to look after the Alberta loans. This year more banks have signed onto this program. Now you can take Canada student loan certificates to your choice of CIBC, Scotiabank or Royal Bank and your Alberta student loan certificates to your choice of CIBC or Royal Bank.

Note:

If you have previous Canada or Alberta loans you will have to transfer them to one of these three banks: CIBC, Nova Scotia or Royal Bank. To do this, simply fill out a Schedule 5 form at the new bank (be sure to have the address and transit number of the bank holding the previous Canada loans) and the new bank will take care of the transfer. The transfer information may also be part of the loan agreement that you sign.

If your previous Alberta loans are at TD, Bank of Montreal or another bank which is not a participating lender, transferring these loans will not cause a delay in the receipt of your funds. Just make sure you provide the transit number and address of the bank holding your previous loans to the CIBC or Royal Bank and they will take care of the transfer.

If you negotiated your provincial loan with CIBC last year and wish to transfer to the Royal Bank, to avoid a delay in the receipt of your funds, take your signed certificate to CIBC and renegotiate with them. Any time after you receive your funds, go into a branch of the Royal Bank and ask for a Form D which will initiate the transfer process. As with the Canada student loans, be sure to read all the instructions on your loan certificates!

If you have any questions about your loan or the student loan process, phone a Financial Aid Advisor (number above).



Reminder to Students with Government Student Loans

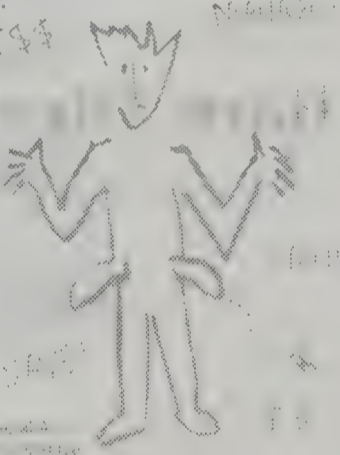
Remember, if you have an Alberta or a Canada loan at a bank and it has been six months since you notified the bank of your status, you may go into repayment. If you are not taking out further loans, you need to send the bank(s) "continuation of enrollment" forms to let them know you are still enrolled as a full-time student. For an Alberta loan you need to fill out a Form B and for a Canada loan you need to fill out a Schedule 2. Both forms can be picked up at the Access Centre, on the first floor of the Administration Building. If you are taking out additional student loans at a bank which does not currently hold your loans, you will have to send the bank(s) that holds your old loans a Form B/Schedule 2 to let them know you are still a student. Each bank that holds an Alberta or Canada loan needs to be notified - they do not "talk" to each other. It is the student's responsibility to keep lenders informed!

Emergency Loans and Supplementary Bursaries

Full-time University of Alberta students may qualify for funding under the following programs:

Emergency loans are intended to cover essential living expenses for a brief period of time and must be repaid within three months. You need to complete an application form, provide bills/receipts to substantiate your emergency and indicate resources for repayment. Appointments (24 hours in advance) are required for all emergency student loans.

Supplementary bursaries are awarded to full-time students in good academic standing who have borrowed the maximum amount from government student loan programs or do not have access to such funds. Applications are available at our office in mid-November. The deadline for submission is Monday, January 15, 1996.



University Health Services



111 Street and 88 Avenue (east of the Timms Centre, south of the Law Building) 492-2612

Sick! Depressed! Anxious!

If you feel the need for medical attention visit your campus health centre - University Health Services. It is conveniently located on campus and the friendly staff care about your well being.

Services include medical examinations, pregnancy and STD testing, birth control counselling, psychiatric services, nutritional counselling and medical certificates for exam deferrals. Students are eligible for subsidized prices on a wide range of medications through the pharmacy.

The University Health Services Peer Education Program plays an important role in increasing the awareness of certain health issues on campus. Peer Educators run entertaining and informative sessions on alcohol awareness, smart sex (including AIDS and STDs), eating disorders and stress management. Their presentations are fun, as well as thought provoking, as they are designed by students about students for students.

You don't need an appointment to see a physician - just drop in and you will be taken care of. University Health Services is open Monday through Friday from 8 a.m. to 5 p.m.



Safewalk



030D Students' Union Building 492-5563

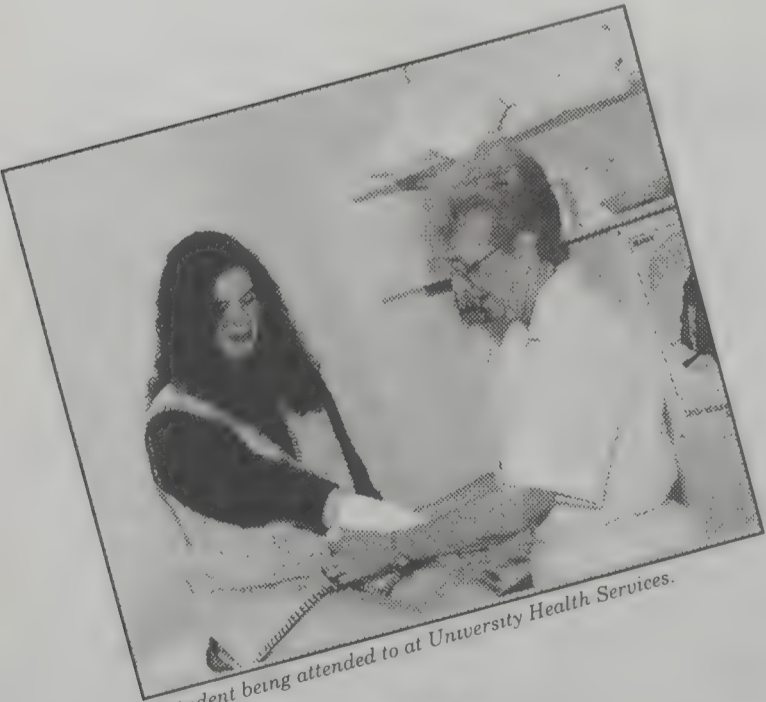
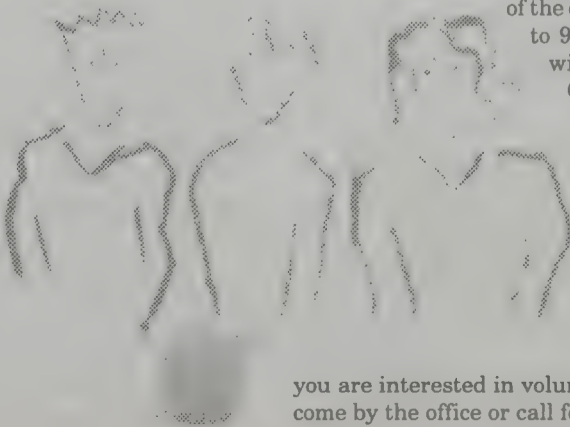
Safewalk is a volunteer-based service of the Students' Union that provides the campus community with an alternative to walking alone after dark. Committed to creating a safe and comfortable atmosphere on the University campus, Safewalk also patrols the campus area, acting as extra "eyes and ears" for Campus Security and maintains constant radio contact with the office.

To use Safewalk, just call the office any time of day (number above) and give us your name, location, destination and the time you would like to be picked up. A co-ed team will then be dispatched to meet you and escort you to your destination.

Safewalk's boundaries extend south of the campus to 76 Avenue and east to 99 Street. We will also travel with you on the LRT as far as Churchill Station. Our hours of operation are 6:30 p.m. to 12:30 a.m. in the spring and fall and 5 p.m. to 12:30 a.m. in the winter.

Volunteer recruitment for Safewalk takes place in September and January, with training sessions in both months. If

you are interested in volunteering for Safewalk, please come by the office or call for more information.



A student being attended to at University Health Services.

Students' Orientation Services

030E Students' Union Building 492-5319

So what is SORSE and what can we do for you? SORSE is a service of the Students' Union committed to helping students in their transition to campus and on campus! SORSE offers three major programs:

- Campus Ambassador Program.
- Summer Orientation Program.
- Test Preparation Seminars for the LSAT, GMAT, MCAT and GRE.

During the winter term, SORSE runs the Campus Ambassador program. Volunteers provide tours to over 2500 individuals each year and assist the Registrar's office to help make University of Alberta Preview a huge success.

If you enjoy meeting people and take pride in your campus, why not volunteer to be a Campus Ambassador - we'll be recruiting in January.

Summer sets the stage for our Summer Orientation program. Fifty trained volunteers provide new students with information to ease their transition to campus and to make their university career a success! Seminars are offered to:

- High school students.
- Parents of high school students.
- Transfer students.
- Mature students.

SORSE will be looking for exciting and dynamic volunteers to orient these students. Recruitment commences in March.

Our test preparation seminars are offered at a cost of \$10 to students on campus. The one-day seminars provide students with a basic understanding of how the entry exam is structured along with the opportunity to practice past exams and learn important study skills. Our seminars are taught by qualified instructors who have had experience and training in your exam. For more information about any of these programs or volunteering, please call us at or drop by our office (number and location above).

Enter the Draw

Stop by the Services Awareness Week display tables with your food bank donation and enter a draw to win fun and useful prizes.

Between 10 a.m. and 2 p.m. every day next week (October 2 to October 6), follow your nose to the source of the popcorn trail and you'll find the display tables.

Here's where we'll be:

- Monday
Students' Union Building
- Tuesday
Faculté Saint-Jean (9 a.m. to 11:30 a.m.)
Corbett Hall (12 noon to 2 p.m.)
- Wednesday
HUB International Marketplace
- Thursday
Education Building
- Friday
Central Academic Building

Student Activities

276 Students' Union Building 492-4236

Wanted: fun-loving, energetic, enthusiastic people - like you!

Student Activities is a brand new addition to the Students' Union and has been created especially for volunteers and Students' Union special events, such as Week of Welcome, Services Awareness Week, Winds of Change and Frost Week. The Student Activities Coordinator works very closely with volunteer coordinators to recruit, schedule, train and appreciate volunteers.

If you would like more information on this new addition to the Students' Union or if you are interested in volunteering for a special event, please pop by the Student Activities Office (location above).

Services for Students with Disabilities

300 Athabasca Hall 492-3381 or TTY 492-7269

This Office assists students with disabilities. Please be aware that our definition of "disabilities" is quite broad and may include You.

If you can say "yes" to any of the following about yourself, check with us to see if we can be of assistance:

- I have difficulty with my mobility (physically writing, walking, getting between classes in time, my balance, etc.).
- I have difficulty with my vision.
- I have difficulty with my hearing.
- I think I may have learning disabilities.
- I have a chronic health condition.
- I just got a cast on my writing hand and have exams next week.
- I broke my leg skiing and need help getting around.
- I fatigue easily.
- I have severe environmental allergies.
- I have chronic pain.
- I have ADD or ADHD.

Let us help you meet your academic goals and practical needs through the following services:

- Individual assessment of needs.
- Formal assessment for learning disabilities.
- Orientation to University with disability and/or needs in mind.
- Program planning and registration assistance.
- Personal and financial advising, career counselling and/or referrals.
- Access to adaptive computer technology and special equipment (scooters, FM system, speech input system, TTY's, large print computer program, speech output program, etc.).
- The Program for Students with Learning Disabilities (PSLD).
- Sign language and oral interpreting arrangements and other communication support.
- Alternate exam-writing arrangements.

GSA Services

206 North Power Plant 492-2175

Negotiations

The GSA negotiates pay scales and conditions of employment for Graduate Assistants (GA's) with the University. The results are contained in the Yellow Book, which all GA's should receive. The regulations in the Book embody a contract between the students and the University and is binding to both parties.

Academic Concerns

The GSA offers an OmbudsResource for graduate students. If, as a grad student, you are having academic concerns that you wish to take to a person outside of your department, feel free to contact the GSA office. We will act as an independent third body and will try to answer any questions you may have.

Dental Plan

The GSA offers, in conjuncture with the DentaCare Group, a Dental Plan for all full-time graduate students. The plan provides basic dental coverage for students, with an option to enroll spouses, common-law partners and dependants in the program. Opt-outs are available for those who are covered under another dental plan.

Lecture Grants

The Lecture Grants Program, which offers a maximum of a \$1,800 grant, aids graduate student groups in bringing guest lecturers to the University. The deadline for applications is November 1995.

Scholarship Workshops

Scholarship Workshops provide students with advice on filling out scholarship applications forms. There is a NSERC Application Workshop on October 5, 1995.

- Liaison with departments and faculties.
- Volunteer support including notetaking, taping of texts and exam writing assistance.
- Accessibility maps.
- DATS Designated Drop-off Zone maps.

If you love being a student, but you often find learning... Overwhelming(!)... read further:

- We estimate that at least 2%, likely more, of University of Alberta students have learning disabilities.
- They are intelligent and have strong academic potential, but, they often perform considerably below their potential, doing poorly on exams, having difficulty with writing and with reading efficiently.
- Our Program for Students with Learning Disabilities (PSLD) teaches researched strategies for improving academic performance.
- Any students wishing to find out if they may have learning disabilities are encouraged to drop by OSSD and see our counsellor, Dr. Asha Sinha, or call our office (see numbers above).

Let us help you achieve your potential!

Registries

030A Students' Union Building 492-4212

Beer Gardens are over and now starts the real work. Use the Registries to prepare for your midterms:

Wanna see what kind of exams your prof writes? Need practice? Buy Old Exams. \$1.25 gets you a little slice of heaven or maybe the deliverance to pass that calculus midterm next week.

Just can't get the hang of a concept, or feel like you've slipped between the cracks of prof and T.A.? Grab a tutor. Not literally, silly goose (but it wouldn't be the first time we've started something good...)

We've got the only typewriters on campus. Or, should you feel so inclined, procure the efforts of another in the Typist Registry. Our Mac Lab is an excellent location to do all your printing, word formatting, resume-writing (we have a new program as of this fall) and is always staffed with computer know-it-alls to help you with your queries.

Homes, Homes, Homes. Find a place to live other than the library. We've got places for you to rest your weary head and aching bones, so you get a good rest for midterm week.

Drop by and shmooze with us for a bit or call us up and chat. Make new friends. We won't bite, really, unless it's out of the following hours: Monday through Thursday from 8 a.m. to 7 p.m., Friday from 8 a.m. to 6 p.m. and weekends from 10 a.m. to 5 p.m. Or, see all we have to offer on the Internet at <http://www.su.ualberta.ca/reg/>. You can e-mail us too at: registries@pybus.su.ualberta.ca.

Native Student Services

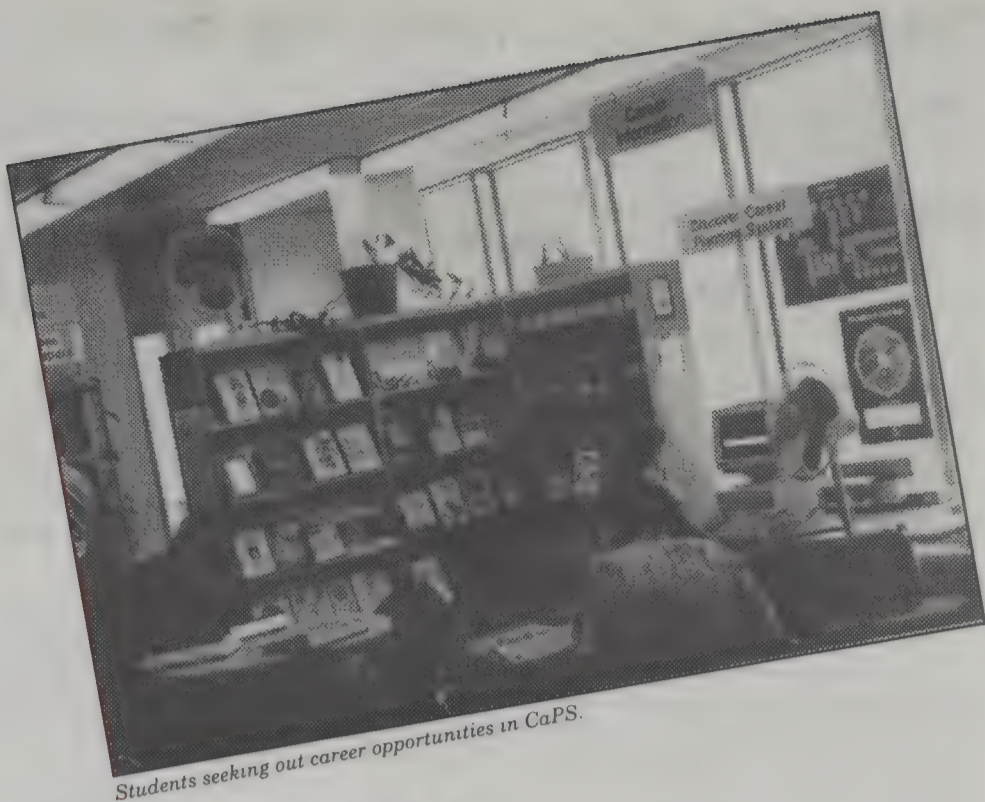
124 Athabasca Hall 492-5677

Native Student Services' mission statement is to enrich the cultural and intellectual diversity of the University through the increased participation of Aboriginal students and to actively promote the access, participation and success of Aboriginal students in all faculties.

The Office strives to accomplish its mission by providing culturally appropriate support services such as:

- The *Transition Year Program* which prepares Aboriginal students for admission into University faculties.
- *Native University Student Orientation*, a three day event welcoming newly admitted Aboriginal students.
- On-going personal, financial and academic counselling.
- Advocacy for Aboriginal students, including admission advocacy.
- Cooperating with the Aboriginal Student Council to increase cultural sensitivity and awareness in the University community.
- Community liaison activities and the recruitment of prospective students through the *Student Ambassador Program*.
- Coordination of tutorials and other remedial measures as requested by students.
- Publication of the *Aboriginal Student Handbook*.
- Compiling the *Native Student Funding Directory* for Post-secondary Education.
- Providing study space and word processing facilities.
- Working in conjunction with Career and Placement Services to inform Aboriginal students of employment opportunities.

Native Student Services' philosophical approach is holistic and thus includes mental, spiritual, physical and emotional support services. We welcome any and all inquiries.



Students seeking out career opportunities in CaPS.

Student Advisor

225 Athabasca Hall 492-5205



The transition to university life can be both exciting and unsettling. Whether you have just completed high school or transferred from a college or smaller university, there are many adjustments to make in a large learning institution such as the University of Alberta. Your former classrooms may have rested at a comfortable 25 to 40 students whose names you will remember. Suddenly, you're an anonymous face in a class of 100 or 400 anonymous students. You've attended classes for two months and you still don't know your instructor's name. You're suddenly relying on a class syllabus for assignment dates rather than receiving a friendly reminder from your instructors to do homework that night.

You may drift from class to class wondering if you chose the right faculty. You're free and independent to make adult decisions such as "to study or not to study." You suffer an anxiety attack when you write your first mid-term because you were unprepared. You receive an unsatisfactory grade and your instructor does not call you after class. You experience a moment of relief and then a moment of despair.

Maybe if you don't think about the grade, it will go away. Then you hear the student next to you referring to a withdrawal deadline and you wonder what that is. You then recall something said in the first class regarding all the rules and regulations in the University Calendar that you must abide by. You try to remember where you put your Calendar after your first day of classes.

Are you getting confused? Is this getting too hard to handle? If you want some advice about how to cut through this confusion and ease the transition to university life, you can contact the Student Advisor for an appointment (number above). The Student Advisor also provides mediation services to students and instructors. The Advisor is available to assist a student who is appealing a university decision from the planning to delivery stages.

The Student Advisor publishes a series of brochures covering such topics as what's important in your University Calendar, how to engage in dialogue with your instructors, grading guidelines and appeals procedures, rules on academic dishonesty and non-academic offenses, examination regulations, university appeals and academic probation.

Students can be assured that they will receive confidential advice and prompt assistance with their concerns.

Student Counselling Services

225 Athabasca Hall 492-5205



What is Student Counselling Services?

Student Counselling Services offers a professional counselling service to university students. Counselling staff include Chartered Psychologists and Masters or Doctoral graduate students who are completing practicum placements. Graduate students are supervised by senior staff.

Who Uses Student Counselling Services?

University of Alberta students. Prospective students interested in attending this university can see one of our counsellors for career assistance or general university information on a one time basis.

What services are offered?

- Individual, couple or family counselling.
- Vocational interest testing.
- Academic advising.
- Crisis intervention.
- Peer counselling training.

Group sessions are held at the Student Counselling Services office (location above) in the late afternoon or early evening and include:

- Resolving past abuse issues (levels I and II).
- Building healthy relationships.
- Overcoming shyness and improving social skills.
- Healthy lifestyles and stress management.
- Test anxiety.



How much does it cost?

There is no charge for personal counselling for University of Alberta students. Group sessions are a one time fee of \$10. The Strong Campbell Interest Inventory is \$30 and includes a computer printout and interpretation by one of our counsellors.

What are the most common personal issues students present?

Stress/anxiety, relationship issues, abuse issues, depression, family issues, grief issues, suicide risk, self-esteem issues, eating disorders, substance abuse and loneliness.

Who has access to client information?

In accordance with the Psychology Professions Act, we adhere to a strict policy of maintaining confidentiality regarding a student's involvement in counselling.

How do I make an appointment to see a counsellor?

You can make an appointment with our receptionist by calling or stopping by the office (number and location above). Our office hours are Monday through Friday 8:30 a.m. to 4:30 p.m. during winter session and 8 a.m. to 4 p.m. during intersession. Staff permitting, the office is open during the lunch hour.

Student OmbudService

030R/030S Students' Union Building 492-4689

The OmbudService is an ideal place to start if you are unclear of the particular nature of your complaint or are unsure where to go for help. Feel free to drop by or call the office (location and number above) to make an appointment.

What in the World Does an Ombudsperson Do?

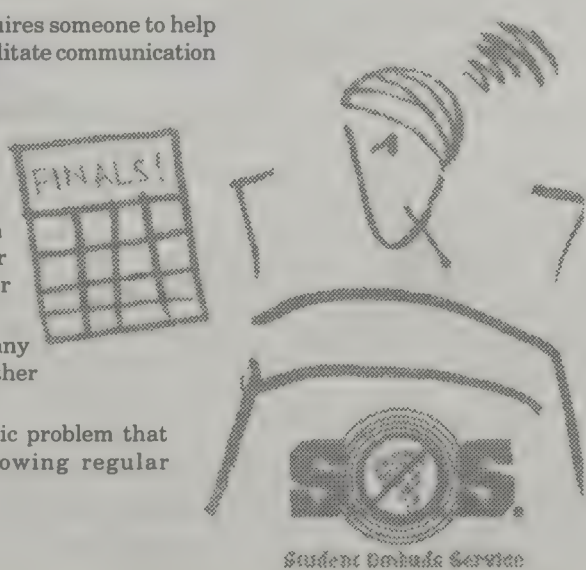
An ombudsperson acts to ensure that students are treated fairly. This does not necessarily mean representing individual students, rather we advocate for justice. A large majority of cases involve helping students through University bureaucracy. The ombudsperson acts as an interpreter, mediator and investigator to ensure that students are treated with due process.

When Should You use the OmbudService?

- If you require information or assistance in appealing a grade or other academic decision.
- If you are unsure about which University policy, procedure or regulation applies to your situation.
- If you feel that you have been treated unfairly by anyone on campus.
- If you have a problem that requires someone to help negotiate a solution or help facilitate communication between yourself and others.
- If you feel that any University policy, procedure or regulation has been applied unfairly or is itself fundamentally unjust.
- If you think you have been treated unjustly due to your sexual orientation, race or gender.
- If you have a problem with any officer, service, business or other area of the Students' Union.
- If you have a specific academic problem that cannot be resolved by following regular University procedures.

The Four Golden Rules of the OmbudService:

1. *See it coming.* Be prepared for the unexpected and know what your options are. Realize when you may be in trouble and face the problem immediately. Don't procrastinate.
2. *Get it in writing.* If you have received special permission to change your degree requirements, alter a marking scheme or anything else out-of-the-ordinary, get it in writing. This will ensure that both parties have accurate records should a dispute arise.
3. *You don't have to be dead to defer.* If you experience a major emotional or financial upset, realize that you may not be able to handle everything at once. Know your limits.
4. *Call the OmbudService.* If you have any questions about policy, procedures or unfair treatment at the University or Students' Union, contact us.



Career and Placement Services (CaPS)



4th Floor Students' Union Building 492-4291

CaPS provides a variety of services to undergraduate and graduate students from career advice to support and encouragement in your career planning and job search. Pursuing the career that is right for you takes hard work, so don't wait until your last year and the month before you graduate to start thinking about employment prospects - start right away!

- The CaPS Resource Centre has information on careers and career planning, the job search process and employers as well as job descriptions of currently available employment opportunities.
- Job listings are posted by faculty so that you can seek out summer, part-time, full-time and volunteer work opportunities related to the career(s) that interest you.
- CaPS hosts career fairs and career forums specific to your discipline throughout the academic year, as well as a career fair for all disciplines.
- Workshops and presentations on career decision making, the labour market, job search, resume writing and interview skills are available to help you land a job either for the summer or after graduation. Book a post-workshop consultation to sharpen your resume or hone your interview skills.

Remember, CaPS is your service, so make use of it. Visit or call our office Monday through Friday from 8:30 a.m. to 4:30 p.m. and on Thursdays from 8:30 a.m. to 7:30 p.m. There are also two other very important ways that we make information on all our programs and services accessible to you:

- *Telephone Info Line:* Call 495-3900. It is accessible 24 hours a day by using any touch-tone phone.
- *Computer Info Line:* Sign on to the Campus Wide Information System (CWIS) and choose "Student Information Services" from the menu. CWIS is accessible in the computer labs on campus and through a modem from off campus. For more information call Computing and Network Services' Help Desk at 492-9400.

Important Dates to Remember

- September 27, 1995
CaPS and AIESEC Career Days: "Catch the Wave of Opportunity"
- October 3, 1995
School Board Hiring Information Forum
- October 30 to November 3, 1995
Canada Career Week
- October 30 to November 3, 1995
Careers for Students in Engineering and Sciences
- November 20 to November 24, 1995
Careers for Students in Health Care
- November 23, 1995
Health Sciences Career Fair
- January, 1996
Career Options for Education Students
- January 22 to January 26, 1996
Careers for Students in Arts and Business
- March 4 to March 8, 1996
Career Opportunities Week
- March, 1996
Aboriginal Career Fair

Visit us soon! Visit us often!



Campus Food Bank

206 North Power Plant 492-2175

The Campus Food Bank was established in November 1991 by the Graduate Students' Association in response to the imposition of 100% differential fees for foreign students. It was the first food bank set up at a Canadian university but, unfortunately, food banks are now accepted as a fact of life. Although we are not part of the University of Alberta's regular Student Services, we work with them to help alleviate the problem of hunger on campus.

We act as a "bank" in that food and monetary donations are "deposited" by departments, clubs and individuals who have the means to give and food hampers are "withdrawn" by those who need them.

To receive help from the Campus Food Bank, just call or come into the Graduate Students' Association office. If your club or department is looking for a cause to raise money for, we are always grateful for donations of either food or money. Give us a call to find out what items are most needed. We operate with the help of volunteers so keep us in mind if you have spare time!

The Campus Food Bank hours are Monday through Thursday from 9 a.m. to 11:30 a.m.

The Edmonton Food Bank's recipe for caring:

- Two 500 gram packages of powdered milk.
- One 500 gram jar of peanut butter.
- Two cans of beans with pork.
- One can of tuna or other meat.
- Three cans of soup.
- One 500 gram package of pasta and one jar of sauce.
- One 1 kilogram package of rice.
- One can of baby food or a can of baby formula.



Academic Support Centre

102 Athabasca Hall
492-2682

Career and Placement Services

4th Floor Students' Union Building
492-4291

International Centre

172 HUB International
492-2692

Native Student Services

124 Athabasca Hall
492-5677

Office of Services for Students with Disabilities

300 Athabasca Hall
492-3381 TTY 492-7269

Student Advisor

225 Athabasca Hall
492-5205

Student Counselling Services

225 Athabasca Hall
492-5205

University Health Services

111 Street and 88 Avenue
492-2612

Edmonton's Food Bank

10218 - 111 Street 425-2133

The idea for a food bank in Edmonton arose from two realities apparent to a small number of individuals from organizations operating programs in the inner city: hunger was affecting the lives of many of their clients while edible food was being wasted. There was a desire to reconcile these realities and to establish a channel for surplus food, from the food industry, to those who lacked the means to provide themselves with a healthy, adequate diet.

Following the investigation of establishing a food bank, by an ad hoc committee in 1980, the Edmonton Gleaners Association, more commonly known as Edmonton's Food Bank, received its official charter of incorporation and Canada's first food bank was born in January, 1981.

In the beginning, two-thirds of the food distributed by the Food Bank, consisted of perishable items donated by the food industry. With cutbacks in shelter allowances for welfare recipients and a worsening economy, food insecurity increased in Edmonton and the Food Bank's activity shifted from institutional feeding programs to the provision of hampers all across Edmonton, which also meant that the focus turned to collecting non-perishable food items.

In addition to working with the community to address immediate food needs, Edmonton's Food Bank has made a commitment towards long term solutions to the causes of hunger. This activity takes two forms. When possible, Edmonton's Food Bank tries to assist people with other options to reduce the need for the Food Bank. Some of these options include information on training programs, low cost housing and welfare advocacy. In addition to assisting individuals with their food insecurity, the Food Bank does public education and advocacy concerning the societal causes of hunger and poverty.

Eliminating hunger in our community requires a commitment of on-going action.



Sexual Assault Centre

040J Students' Union Building
492-9771

Student Financial Aid and Information Centre

302G Students' Union Building
492-3483

GSA Services

206 North Power Plant
492-2175



Information Services

030L Students' Union Building
492-2784

SU Registries

030A Students' Union Building
492-4212

Safewalk

030D Students' Union Building
492-5563

Student Group Services

040V Students' Union Building
492-9789

Student Help

030P Students' Union Building
492-4357

Student Ombudservice

030 Students' Union Building
492-4689

Student Orientation Services

030E Students' Union Building
492-5319

All photo credits to Darren Zenko.

PANTYHOSE!

is creeping up all over the world

"Why Can't They Make a Pair of Pantyhose with the Crotch that Stays Where Yours Is?"

written by and starring Zandra Bell
The Roxy
September 23

review by Emily Wong

ATTENTION ALL MEN: Drag queens may be all the rage right now, but Shirley Best has one word of warning for all you potential drag candidates. Pantyhose. It ain't as fun as it looks. And, the biggest lie of all time is that "One size fits all."

In an encore Pick of the Fringe performance at the Roxy, Zandra Bell conjured her charmingly chubby "alter ego" Shirley Best before a near sold-out audience.

Pantyhose is a bouquet of wildly hilarious anecdotes and philosophical rantings about the peevances and grievances of womanhood. Topics of discussion include cellulite, "plumber's butt", PMS, sexual frustration, and much, much more.

Despite its outward raunchiness, Pantyhose is a show that can move even the most prudish person to a few good snickers, if not side-splitting laughter. It has this power because Bell's humour has a lot of heart. It makes us think about self-image and the need for self-love.

Shirley Best complains about being overweight (the "Imax" of women), and severely under-sexed, but she is genuinely lovable because she is on our side.

She is a voice for all alienated little people—or not so little people—male or female, who score less-than-perfect on generic glamour scales. And, if by chance

you are one of those few exceptionally gorgeous people, Shirley invites you to be just a little magnanimous towards the rest of us.

The audience was putty in the palm of Bell's hand right from her first entrance. People cheered and applauded at the splendid sight of Shirley Best even before she spoke. This was due to her strong stage presence, and to the sheer genius of her attire.

Shirley turns heads. She gave new meaning to "The Fringe" by stepping out in a shimmering knee-length coat of many colours, completely covered with zillions of tiny bouncy fringes waving hello.

Together with fashion designer Bonnie Dupuis, Zandra Bell creates some wonderfully wacky ensembles. Oh yeah.

During Shirley's costume changes, the stage was taken over by Shirley's Bitch Diva Love Slave Dancers, two sensuous gay men in skimpy black bum-tucker shorts. The suave duo were played by D. Russel Campbell and Dave Sankey. Their voguing skills during Shirley's musical numbers should also be commended.

Over all, the show appeared very well rehearsed. Bell's stamina held up for the entire length of the show, keeping the energy level in the audience high. She kept an open rapport with the audience with an improvised remark here and there.

If you missed Shirley Best at the Fringe and last Saturday, do not fret. You might be able to catch her at the Edmonton Women's Show which runs Oct. 14-15.

It's always immensely satisfying to be in a theatre full of people belly-laughing, cackling, wheezing, and snorting away.

Poetic Parable

This Day and Age
by Mike Nicol
Vintage

book review by Jay Fjestad

It is rare that I come across a novel that is both poetically written and extraordinarily interesting at the same time.

Often is the case this styling limitation necessitates a simple story; anything of great complication serves only to confuse the reader, forcing them to exile the book to the lowest level of their bookshelf. Mike Nicol has discovered a successful medium between the two opposites, allowing the rich descriptions and metaphors to flow smoothly into the mind.

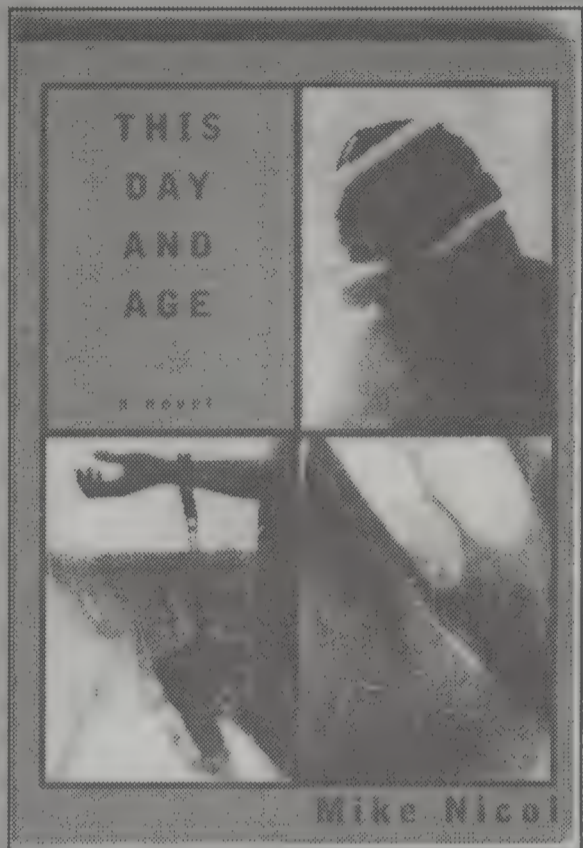
Many religious themes are apparent within the novel, some touching on stories direct from the Bible, while others are merely bleached reflections. Neither judgmental nor

preaching, This Day and Age avoids the pressing of opinions, especially the scouring effects of possible religious blasphemy. Strong characters (each with their own list of eccentricities) move through the events with great reluctance, seeming to be aware of the doom that they may all soon face. They cling to their

dreams, depend on the overwhelming power of hope, and all suffer the unfortunate consequences that sometimes result from these far-reaching ideas.

This South African author has a profound understanding of his country's well-known history, and has expressed it in a beautifully written and wonderfully poetic parable. Its interpretation, however, is not limited to the soil upon which his characters walk, relating to imaginable

events that could happen here, closer to home. It is a story of vivid characters in a common land, carrying the hopes and ideals of generations to come.



Have you ever had a fascination with Ed Begley Jr.? Guitars that simply will not tune? Goats? Then I must say, you're cut out to write Entertainment. No experience necessary. No goats either. Free Stuff meeting, Friday 3:30pm. Rm 282 SUB. Swanky.

crash vegas



Live at:
Bear Country

September 30, Butterdome

Aurora

Featuring: Pocahontas,
On and On,
Old Enough

BONNIE DOON • HERITAGE
EATON CENTRE • LONDONDERRY
KINGSWAY • SOUTHGATE
NORTHWOOD

WEST EDMONTON MALL PHASE III

\$12.⁹⁹ CD

Here
HMV

Expires Oct. 8/1995

HMV reserves the right to limit quantities.

SEPT 28, 92

SOCIOLOGY 10th @ 9:30pm RM 222

47% of people 19-24 say next days activities impact how much they drink

Current trends show more people RESPONSIBLE re: drinking and driving

52% of people say 24 hr. comfortable being drunk at night

When I've had too much to drink, 100% of my time will be planning Friday's frat party

Another 20% to Tracey's "Gin"

Supposedly, 19% of people always know how much to drink

Domestic Driver idea took hold in 80's. Today is very popular.

KNOW WHEN TO DRAW THE LINE

Labatt

s p i n n i n g d i s c s



The Fishmongers
Putz
Don't Be Alarmed Records

My journey into the Fishmongers debut album *Putz* was like a religious pilgrimage—sometimes intense, sometimes awe-inspiring and ultimately reaching a state of purity and happiness. These local lads have seen the promised land and have turned it into song. The album is as beautiful as it is simple. No

amateur attempts to mix styles, no 'more-literate-than-thou' Van Halen lyrics. These guys know what they want to say and they charged in and said it to me with great riffs, great vocals and great tunes. This is the kind of music that all of us should drive across the country listening to. It's inspirational gospel. When I heard "Figure it Out" I wanted to climb a mountain, hug my Dad and cry for the world all at once. "The Last Thing" made me want to walk down the street with a big, cheesy grin and give everyone a thumbs up. An incredible, honest, local band. No trip could be more worthwhile.

Looking back, I realized that all the indicators of a great band were there. A cool cover (the guys reflected in a toaster) and a thanks to whoever invented beer. How could I have been so blind to such obvious signs of greatness, I wondered, opening the bio. Yep, more of the same there. The always quotable ACCESS magazine says "They sure look like nerds, but boy can they fuckin' play tunes!". Well spoken. I also noted that the band won the '94 Edmonton Salutes song-writing competition for "Suffer Me" and, more impressively, that they played Rugbyfest.

I've been to Rugbyfest, folks, only the best survive.

Sitting back and listening, I felt an inner peace and I realized that I was not only satisfied as a guy who likes good tunes, but also as a Canadian. *Putz* simultaneously calls to mind the Hip, 54-40 and the Watchmen and then pushes them away to run off and rock by itself in the wilderness of the country we call home. And like all those bands in their early days, the 'Mongers sound like they will only get better. By the time it was all over I had rocked, I had dreamed, and I had just plain felt good. I got up, smiled, and knew, if only for a moment, that all in the world was good. Thank you, Fishmongers, thank you.

Dave 4st



SUN 60

Sun 60
Headjoy
Epic

The bio and artwork nearly made me run away screaming, but I always like to hear cheeze so I thought I'd see what was up. Sun 60's third release is, surprisingly, pretty darn good, and it isn't smelly at all.

Joan Jones has a voice that wanders between Sheryl Crow, Juliana Hatfield, and PJ Harvey. She sings sweetly and softly before tearing into a raspy, grinding voice, and then does some deep spoken word. The varied range makes her interesting.

The band works as a good accompaniment, reflecting and enhancing the emotions Jones projects. Eclectic guitar influences drive the sound from hard rock to country to folk to funk. The bass is really heavy and thick; always very evident in each song.

The worst thing about this CD is the bonus track. It's just plain creepy because it sounds like the theme song at a freak show.

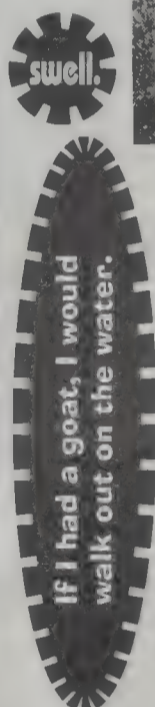
Move along, folks. No cheeze here.
Karen Liebel

BRAD PITT
MORGAN FREEMAN

Seven

Seven deadly sins. Seven ways to die.

NOW PLAYING AT THEATRES EVERYWHERE
(CHECK FOR SHOWTIMES)



THE ONLY THING MORE TERRIFYING THAN HOW IT STARTED... IS HOW IT ENDS

HALLOWEEN

THE CURSE OF MICHAEL MYERS

DIMENSION
ALLIANCE

WIN!! *TIH!!*—room 282 SUB Friday @2:30pm and tell me who starred in the first Halloween movie.

PLAYED BY: Michael Myers' #1 HIT SINGLE "And Fools Shall Die" ON VIRGIN RECORDS

ANYWAY YOU SLICE IT

ITS OUR BREAD

L'EXPRESS

HEALTH BAKERY - DELI - PASTA BAR

lexpress@pybus.su.ualberta.ca phone 492-2090 fax 492-4643

PROCLAMATION

UNIVERSITY DAYS

WHEREAS post-secondary education fosters civic-minded students through academic, cultural, artistic and athletic development and achievements, and;

WHEREAS the University of Alberta is a leader in post-secondary education in Canada, and generates significant economic activity in our province, and;

WHEREAS the successes of the University, its faculty, students and staff are a source of continuing pride to the citizens of Edmonton;

THEREFORE I, MAYOR JAN REIMER, DO HEREBY PROCLAIM SEPTEMBER 29, 30, AND OCTOBER 1, 1995 "UNIVERSITY DAYS" IN RECOGNITION OF THE UNIVERSITY'S LONG AND PROUD HISTORY IN OUR COMMUNITY.

Mayor of the City of Edmonton

June 29, 1995

A/City Clerk Date

LISTEN UP FOLKS, THIS IS

Crash Vegas
coming to Bear Country
Sept 30

interview by Erin Danforth and Sam Chui

You know, Crash Vegas has been around for a while, but you really wouldn't know it. Not that I'm making disparaging remarks about their music or anything. It's just that their musical style has changed so much from album to album that it's like trying to keep up with a raging hurricane. *Red Earth*, their first effort was "folksy", their second release, *Stone* was more "aggressive and frantic" and now, *Aurora*, that could be described as "edgy, unpredictable, (and) evocative," is the newest offering from this battle-scarred band. Actually, since I'm feeling rather perverse today I might even venture to say that one might think one were listening to three totally different groups. (If one didn't know better.) Seriously though, why such a whirlwind of change? I understand why artists feel the need to grow

and evolve but don't they usually keep to the same basic genre? (Now kids c'mon, Alanis Morissette is an exception okay?) I suppose that changing not only record companies but also producers AND band members album to album COULD have something to do with it.

Really though, when
your

crash vegas

record label goes bankrupt and takes your management company down with it isn't it just time to change? Wouldn't it make you want to find a safe little haven? Well that's just what Crash Vegas did, or tried to do, after the release of *Red Earth*, but to no avail. They hooked up with Polygram for the issue of the second album. Sadly though, that

relationship was not meant to be. (It just wasn't in the cards I guess.) But lo, now that they are with Sony they seem to have found a home, and there they will live happily ever after. (Just like the three bears.) Although when asked to comment on the label saga Colin Cripps mentioned that perhaps in another ten years they will have gone through so many different record labels

produce came about because the sound they were constructing in the studio was essentially what they wanted. They felt that rather than trying to make someone else happy they would use what they had, and please themselves. We should all be so lucky!

Oh, wait! I almost forgot! They are actually on tour right now to promote *Aurora*, but again, you, as the listening public will be treated to a slightly different sound than they've put down on the album due to the fact that they are touring with different musicians than are on the album. (If you're lucky enough to go to one of their gigs and you're not stuck in the unfortunate position of having to go out and work for a living so you can put food on the table and a roof over your head....sorry...it had to be said...)

So, that's really it, check out the three albums and you'll see. Different sounds from the same band. Decide which one you like best, mix and match, fall in love with all three. Maybe even go see them live. (What a treat!) Crash Vegas really is a band with something for everyone.

m u s i c a l m a t t e r s



Shelter
Mantra
Roadrunner/Attic

Shelter, while capable of producing some well-written, meaningful songs, tends to suffer from the same weaknesses that many lesser straight-edge punk bands do. Their stance on the issues of vegetarianism or drug and alcohol use isn't aimed at the skeptics among us; rather, they seem to be preaching to the converted and if you do not count yourself among this group, the music isn't likely to hold your interest for long.

The better songs on this album, like "Appreciation" and "Chance" remind me of the early '80's Minor Threat sound, however, Shelter's efforts pale in comparison, and do not seem to put forward any innovations to this form of hardcore music.

The discovery of Gaudiya Vaishnavism (the teachings followed by the Hare

Krishna's) by vocalist Ray Cappo and guitarist Porcell is probably responsible for the philosophical overtones of songs like "Message of the Bhagavat." Their message of peace and harmony, however, is too far removed from the aggressiveness that most of us have come to expect from this type of music.

They have included the mandatory anti-television tune on this disc; it is the typical "television is rotting out minds so let's rebel

against the media establishment" sort of song that seems to have been done (far more proficiently, in most cases) by every other aspiring alternative band.

Unfortunately, on the whole, these pieces are rarely insightful, and the album's general lack of originality contributes to a very melodic, but equally thoughtless listening experience.

M. T. LaRivière

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PANDAS FULL SPEED AHEAD

by Kimberly Budd

If all goes according to plan, the Huskies aren't going to know what hit them.

Looking forward to this weekend's upcoming game against the University of Saskatchewan, Pandas soccer coach Tracy David admits, "The biggest challenge for us is not taking Saskatchewan too lightly." The Huskies will have to be careful and remain quick on the uptake, because the Pandas are out for three points.

With a team now geared to attack, the Pandas expect to be vicious on the field, putting into practice what they have worked on all week. Saskatchewan will be fielding a strong team under the direction of Keith Richard, a second-year import from Calgary. "It's not going to be an easy game, with Saskatchewan being very fit, Saskatchewan being very aggressive and very tough," David acknowledged.

At the half-way point of the season, a turn around from their previous misfortunes can be expected. Many disappointing losses have plagued them to this point. Yet, they do have a tendency to peak towards the end of the season, the latter part of which they are now entering. If any of their playoff hopes are to live, they need to win.

Liz Smith, a first-year fullback, knows just what the challenge is.



M.T. LaRivière

Two soccer players recoil in horror as they see they've been kicking a piece of cheese.

"Our test is going to be our scoring ability." Smith is no stranger to the scoring sensation, putting in her first goal as a Panda last weekend

in a 2-0 victory over Lethbridge. The Pandas know they can do it, and all they have left to do is prove it.

With a win over Saskatchewan, the Pandas could rise to striking distance of the top teams in the conference. Yet as far

as their playoff hopes go, bigger forces are in action. "We do have a hope right now, and our hope and our challenge, I guess, is to get the necessary points that we need to go on," David said. She is also relying on other teams dropping points.

The Canada West conference is closer than the point spread indicates. With the University of Calgary and the University of British Columbia leading the pack, the match between the two teams this weekend will provide some differentiation between first and second place. "This weekend's going to be very pivotal... in terms of maybe showing the true standings of where people really are," commented David, of the whole conference.

If the Pandas manage a win against Saskatchewan, they will be sitting with seven points for the season, still within reach of one of the playoff spots. Yet, despite the impending battle of the western powerhouses, Lethbridge factors into the point race equation for the Pandas. David knows very well the implications of this weekend's overall action.

"We need to count on somebody to take points from someone else. Maybe Lethbridge will do us a favour." Yet David acknowledges the importance of not leaving things to others and fate by adding, "The only thing that we can control is the way we play."

Pandas volleyball 94/95... the sequel?

by Simon Kiss
They're back.

The defending national champion University of Alberta Pandas volleyball team is returning to volleyball action. "Last year was a phenomenal year, but if we want it (the championship) this year, we realize we have to work that much harder," said third-year right side hitter Shandra Doran.

The entire season read like a fairy tale as the Pandas went completely undefeated through the regular season and playoffs. Their final record was 21-0 including playoff games.

The ending to this story book drama came in March at the CIAU nationals at the University of Alberta. The Pandas squeaked by the powerful University of Winnipeg Wesmen in the semi-finals. The U of A won the match in the fifth set by a nail-biting score of 15-13.

The Pandas won the championship in fine style in front of a packed home audience and a national television audience, becoming the first ever women's volleyball team from the U of A to win a championship.

Can a team become energized again after achieving such a euphoric high? have they relaxed

now that they have achieved such heights? "I think that was summer, now it's back to work," explained Doran. Head coach Laurie Eisler agreed and said, "The closer we got to September, I think everyone's heartbeat got a little bit faster."

The team is in good shape to reach impressive goals this year. All six starters from last year have returned including CIAU nationals Most Valuable Player Miroslava Pribylova.

The only hindrance right now is injuries to two key players. Last year's co-captains Joanna Jenkins and Cheri Landsdown are hurt. Jenkins has a tendonitis-bursitis problem in her hip and is out for, according to Eisler, weeks to months. Landsdown has an atrophied muscle in her right shoulder. In classic "Princess Bride" fashion, however, she will play this weekend, hitting with her left arm.

The team is travelling to the University of Regina this weekend to take part in a preseason tournament this year. Other teams in the tournament will be the Universities of Regina, Winnipeg, Manitoba, Saskatchewan, British Columbia and Calgary. "It's a good tournament just to kick-off the season," said Eisler.



File Photo

The Pandas won this game. How do I know? 'Cause they were undefeated last year. And they're back.

The strongest opposition is expected to come from the Wesmen, always a strong team. The Wesmen have had several years of instability, which may hurt them. Last year, a first-year coach cut a player who had won the nation's Most Valuable Player award the year before. This year, the team has

another coach hoping to capture the gold for the U of W.

The Pandas are going into the tournament having won the same tournament last year. This time around, however, they don't have the advantage of an extensive trip to Japan and some 20 matches under their collective belt.

Without having the preparation of the Japanese trip before the season, the Pandas are not up to the level that they were at this time last year.

"For me personally, I want to see the team come together," said Doran of what she wants to achieve this weekend. "Right now, it's not really pretty in the gym," Eisler explained. Doran felt that the Pandas defence needed improvement.

Working on improving their own play, and not just winning this tournament, is what the Pandas are focusing on. Doran said, "The philosophy we went with last year was take care of ourselves and the outcome will follow, and I think that holds true here."

Although roster-wise, the Pandas are essentially much the same team as last year, there are some significant changes in other areas. First and foremost, the players are older, wiser and more experienced, having done so much last year.

"We want to carry a lot from last year and at the same time create a new team and a new experience," stated Doran. Eisler agreed, saying it was important that the new recruits have to be included in the creation of a new team.

BAD NEWS ON THE FIELD HOCKEY TURF

by Simon Kiss

Dru Marshall is looking for some good news.

The head coach of the Pandas field hockey team saw her team put up dismal numbers in the first Canada West tournament Sept. 23 and 24.

"It doesn't show on the scoreboard, but we played very well," she explained. The team's record after the first tournament is no wins, three losses and a tie. The tie came in the first game of the tournament against the University of Manitoba. The final score was 0-0.

"We had a good game against Manitoba. We completely dominated the game and it was unfortunate that we weren't able to put the ball in the net a couple of times," added Marshall.

"We had a lot of rookies who were nervous, because it was their first league game," Marshall explained. The team's youth has been one of the concerns of the coaching staff this year. The Pandas lost a slough of experienced, talented veterans last year and there are several rookies in the starting line-up.

Not only was the team unable to come up with a win against Manitoba, but one of the team's stronger players, midfielder Michell Bowyer. She went down with a torn anterior cruciate ligament in one of her knees. "I feel absolutely sick for her because she's an Olympic calibre athlete and has a long career, I think, nationally," a concerned Marshall said.

Bowyer is out for several weeks but may be able to return in time for the third and last tournament

Oct. 21 and 22.

According to the head coach, the shoddy quality of the turf at Calgary is partly to blame. While the Pandas' home field at the U of A is an artificial turf, Calgary's is sand-based and requires watering. Marshall did say that the turf hadn't been watered and was a factor in Bowyer's injury.

The second game Alberta played was against the UBC Thunderbirds. The final score was 1-0 in favour of the T-Birds. Of the

"This year we're not concentrating on the results, we're concentrating on the process, but I know you can only go so far without results before your players get frustrated."

—Pandas' field hockey coach Dru Marshall

UBC game, Marshall said, "We had one defensive breakdown which they scored on." Unfortunately, the Pandas suffered more than a loss again. They lost the services of talented rookie Tamara Durante. Durante, out of Quebec, suffered a serious finger injury and was gone for the weekend. Luckily, Durante is expected to be back on the roster and on the field for the Oct. 21-22 tournament in Winnipeg.

With two key injuries, the Pandas were forced to shuffle players in and out of positions that they often weren't accustomed to. It also forced players to play longer without rests or substitutions.

The third game of the weekend was against the powerful University of Victoria Vikings. The Pandas lost that game by a score of 1-0, despite an excellent performance. "The best game we played all weekend was against UVic which has a magnificent team," said Marshall.

Rounding out the tournament, the Pandas faced the University of Calgary Dinosaurs. The Pandas were going into the game with a one-game break while Calgary had been able to rest for the duration of two. The Pandas lost 3-0.

After such a disappointing weekend, the team can't help but feel discouraged. Marshall, however, is not too worried. "This year we're not concentrating on the results, we're concentrating on the process, but I know you can only go so far without results before your players get frustrated."

In order to possibly begin putting points on the board, Marshall has brought back one of last year's players, Sue Maunsell.

Maunsell left last year in order to allow the younger players to have a spot on the roster. She returned in order to give the team more experience. "That'll give us a little bit more experience and also give us a different look than we had in Calgary."

Madness

by Simon Kiss

Lights. Camera. Basketball! This Friday in the Main Gym the University of Alberta Golden Bears basketball team hits the basketball court in a big way. The team's first "official practice" comes in the form of a show for a packed gym at midnight.

"Midnight Madness", as the event is called, is a jazzed-up introduction of the two-time national champion basketball team. "It's our way of introducing the team," said assistant coach Nevin Gleddie, "It's a chance for people to come

Bears Basketball

Midnight Madness

U of A Main Gym

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out and see what the new team is."

The event has been put on here at the U of A for the past three years. It includes a light show, an unveiling of last year's championship banner, a video show of last year's highlights, some dunking and a short scrimmage.

The event got its start in the United States when colleges would not be allowed to practice until a certain date. At midnight on that date, teams would pack an arena and put on a show.

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BUMPIN' ALL AROUND

Bears volleyball team heads to coast for sun and volleyball

by Cameron Archer
"This year."

That is what is probably on the mind of the Golden Bears volleyball team. After coming home from the CIAU championships the last three seasons without gold medals, the Bears will try to win their first national championship since 1980-1981. For some Bears, such as fifth-year players Mike Schipper and Reid Henry, this would be their last chance.

This season the Bears will have to deal with two major changes: the merging of the Canada West Universities Athletic Association and Great Plains Athletic Conference, and the graduation of two starting players.

The format of the Bears' season has changed significantly. In past seasons the team has played two matches against each member of the CWUAA (University of Victoria Vikings, University of British Columbia Thunderbirds, University of Calgary Dinosaurs, and University of Saskatchewan Huskies) at home and away.

This year, for the regular season/round robin part of the season, the CWUAA and the GPAC (University of Regina Panthers, University of Manitoba Bisons, and University of Winnipeg Wesmen) have been combined. This means that the Bears will play 14 league matches this year, two against each team.

This change only affects the regular season, so the play-offs will be the same as past seasons. The winner between the numbers two



File Photo

Athletic supports on the volleyball court? Naaah, who needs 'em.

and three teams of the CWUAA will play the top team for the Canada West championship.

Danyluk plans on defending their CWUAA championship.

This weekend the Bears will face off against the Vikings in Kelowna and Penticton. These three matches will provide the Bears with an opportunity to practice their new systems and get used to the changes in their lineup.

Last year, two of the Bears' starting players, Greg Hansen and Talbot Walton, graduated. This has left vacancies in the starting lineup at their positions of power and middle, respectively. Although Danyluk said that he is not sure how the spots will be filled, he might replace them with returning

players Henry and Trevor Jones.

"I've been ready since day one. After two years of limited playing time, I'm ready to play," stated a confident Jones.

If not by returning players, then the places could be taken by any one of the new players Mike Sieben, Dan Szgati, Scott Findlay, Dan Harding, or Clint Millard.

Otherwise, the starting line-up would remain the same with Schipper at middle, Greg Proctor at power, Chad Hatala at right side, and Doug Bruce at setter.

The question before the Bears is if this new combination of players will be able to win.

"My expectation is to make it to the (national) finals," predicts veteran middle Schipper.

Not dog meat

by Bill Foster
Is the Bears soccer team dog meat?

It's what the University of Saskatchewan Huskies are hoping to make out of the Bears when the two teams tangle this weekend.

The match is on the heels of the team's loss to the University of Calgary Dinosaurs. A loss that Bears coach Len Vickery describes as a result that "left a bad taste in everyone's mouth."

Yet, after last weekend's games the Bears' record stands at 2-2. Despite their poor performance nobody has pushed the panic button. "As a team, we have to come together and beat the teams we have to beat," said forward Pedro Carriel.

Repeating this sentiment was goalkeeper Jay Senetchko who replied with a brief, but firm, "No" when asked if the players are worried about their playoff prospects.

So what is in store for Saturday?

The Huskies are a "strong running team" notes Carriel. Similarly, goalkeeper Bernie Soto mentioned that the Huskies "have had some good results."

Coach Len Vickery also expects a good match. According to him, the Huskies are stronger than last year. But he suggests that the Bears will win.

Along with the expectation to win, the Bears must improve certain aspects of their game if they are to emerge victorious. Specifically scoring when they are in close to the opposition's net. Coach Vickery stressed that "we [have to] bear down in the other team's penalty area."

The other area of the team's play that must improve is its defensive play, which coach Vickery characterized as

"indecisive." "We have to get back to the basics [to] have good results," noted Carriel.

Are the Bears ready to overcome the problems that they faced against U of C. That is the main question. Perhaps the problems that the team has faced can be attributed to the team's lack of experience. Also the Bears have had to deal with a tremendous amount of adversity already in this young season.

The loss of seven starters, a brief training camp and the shocking loss at the hands of the Dinos have already indelibly marked this season.

Yet it appears that coach Vickery does not mind that his team has had to deal with all the problems. "It takes some adversity to bring a team together."

But is togetherness and overcoming adverse situations enough to catapult the Bears into the playoffs? The players and the coaches seem to think that it is. Coach Vickery suggests that after the U of C game, "We had to look at who we are and what we are about."

Furthermore he believes that if the team is at a crucial point because the players could "run the risk of lapsing into mediocrity".

But Coach Vickery appears to have confidence in his players and their desire to win. "They don't want to be third or fourth in Canada West[in what]could be a four-horse race."

The Huskies provide the Bears with their next challenge and maybe the team's ability to overcome adversity and return to the basics will be enough.

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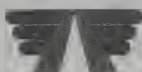
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HOCKEY FUN PRAIRIE STYLE

by Wade Tymchak

This weekend the University of Alberta Golden Bears' hockey team heads to the University of Saskatchewan to take part in the final tune-up before the regular season.

Every team from Canada West has been invited, but the Bears will only face the University of British Columbia Thunderbirds, the University of Brandon Bobcats and the University of Manitoba Bisons as they gear up for the regular season.

The Bears are hoping to improve on their three losses at the Brick Invitational last weekend. They now have a healthy line-up with the only remaining casualties being forwards Terry Degner and Mike Jickling. Furthermore, the Golden Bears are now down to 28 players and have begun working on special teams' as they try and remedy their dismal special teams performances from last weekend.

"We'll start putting some people in roles. We'll work on power-play units more and we'll work on penalty killing, specialties, and those types of things. We'll be fairly close to our roster, which means we want to try and put those things into play more so than we have in the previous games that we've played," said Bears' head coach Rob Daum.

The Bears will be better as a team as they get closer to their roster and continue to get returning players back in the line-up. Most

of the injured players have been key veterans and their return will make the team better offensively, defensively, and in experience.

Trevor Sherban, a veteran defenseman, is one of the returning players who will add some punch to the team. He'll bolster an already strong defense which includes Mark Goodkey, Glen Pullishy, and Scott Adair. His experience can guide the Golden Bears through the Saskatchewan tournament.

"Anytime you get guys with experience back in the line-up they can only help," informed Bears' defenseman Mark Goodkey.

The Bears' biggest challenge won't be the opponents, it will be themselves. They have to become a unit that can contend in Canada West.

"I think that we have to worry about what we do. We're going to concentrate mostly on what our team does and not worry about the opposition, just try and make our



Ellen Cammarata

It's gonna blow! Bears' goalie Dale Masson (#1), prepares to leap onto the exploding device to save his teammates.

team play as good as possible," stated Daum.

Expectations are not high. The focus is on team play and special teams. However, as Golden Bears, the team still expects to do well and take the next step towards getting ready for the grind of the regular

season.

"I think we'll do well. I think we'll put in a good showing, we have a hard-working group of guys, make no doubt about it we don't have a shortage of talent here, that's for sure. Regardless of what the scores have been saying we are

as talented as any team in the league," commented Goodkey.

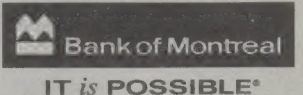
The Bears' now look to close out their preseason schedule in Saskatchewan with a solid showing. The goal is to improve. The bonus will be some wins.

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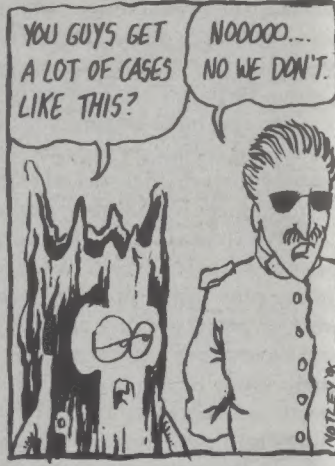
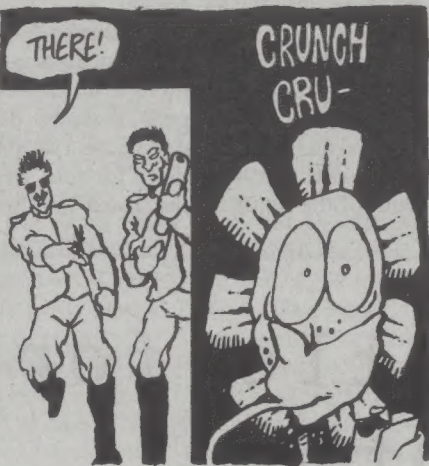
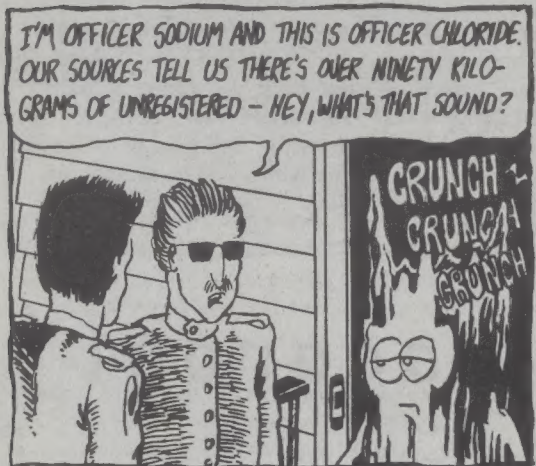
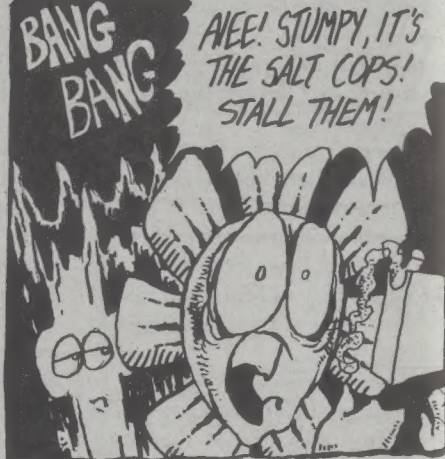
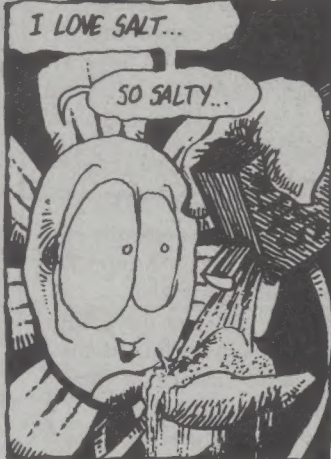
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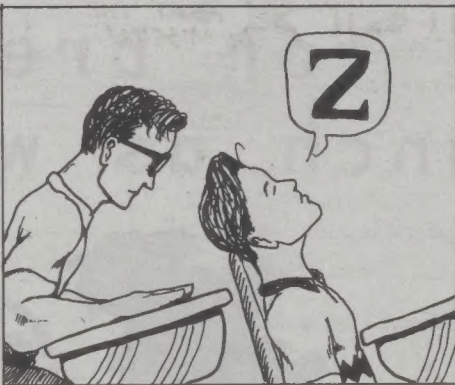
COMICS

Managing Editor: Pete Pachal 492-5178

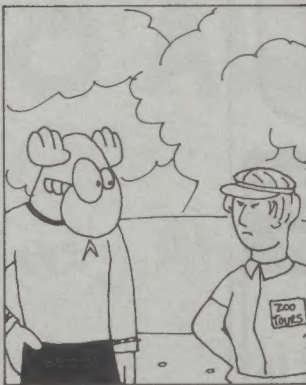
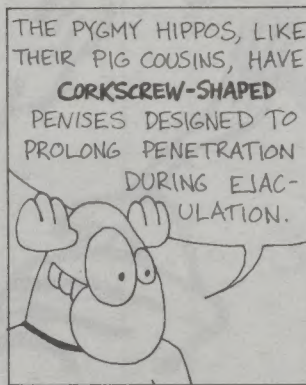
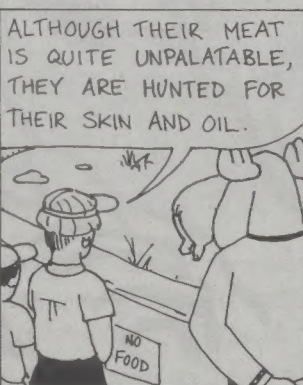
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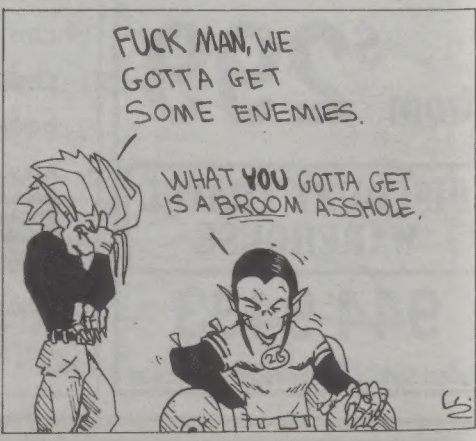
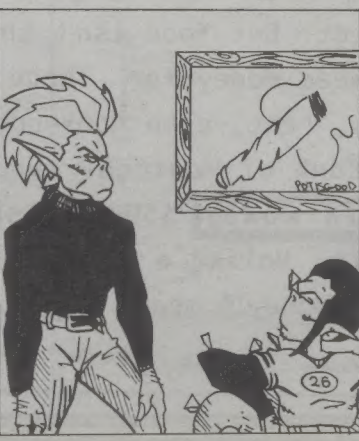
Campus Ninja



Space Moose



Hempcats



ZANELE
CHIFF

ER, C'MON DELORES
LET'S MONKEY

NO, SCREW
YOU

HMMM...
MY BATTLE
AGAINST THE
SURFACE DWELLERS
IS NOT GOING AS
PLANNED... I'M
GOING TO HAVE
TO...
ABORT THE
MISSION.

RELEASE
THE
STINK-BOTS!

SHREEEEEEEEK!!

BEEP
BEEP
BEEP
BEEP
BEEP

SILENCE!
BOW BEFORE
LORD OF THE
STINK-BOTS!

The comic strip consists of 12 panels arranged in two rows of six. The top row shows the discovery of an incoming threat, the launch of a missile, and the resulting explosion. The bottom row shows the aftermath, with one side celebrating and the other fleeing.

Panel 1 (Top Left): A character in a helmet and goggles looks at a console. A speech bubble says: "INCOMING FROM 3:00 AT 20M".

Panel 2 (Top Second): Two characters in a forest. One says "SCREEE".

Panel 3 (Top Third): A character in a helmet aims a weapon. A speech bubble says: "FUDDA".

Panel 4 (Top Fourth): A character in a helmet aims a weapon. A speech bubble says: "I'LL TAKE THEM OUT".

Panel 5 (Top Fifth): A missile is shown in flight.

Panel 6 (Top Sixth): A large explosion. A speech bubble says: "KABOOM".

Panel 7 (Bottom Left): A character in a helmet aims a weapon. A speech bubble says: "FUDDA".

Panel 8 (Bottom Second): A character in a helmet aims a weapon. A speech bubble says: "FUDDA".

Panel 9 (Bottom Third): A character in a helmet aims a weapon. A speech bubble says: "FUDDA".

Panel 10 (Bottom Fourth): A character in a helmet aims a weapon. A speech bubble says: "FUDDA".

Panel 11 (Bottom Fifth): A character in a helmet aims a weapon. A speech bubble says: "FUDDA".

Panel 12 (Bottom Sixth): A character in a helmet aims a weapon. A speech bubble says: "FUDDA".

CLASSIFIEDS

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Psychology and Sociology Students... Vantage Notes Publishing Company has lecture notes for you. Drop by our HUB mall location for a full listing of courses offered. Vantage Notes lets you be prepared to learn.

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Roommate needed to share house across from Health Services. Rent \$225 + utilities. Call 437-8913.

Near U of A Hospital. Furnished rooms for rent in shared house. \$225. Phone 454-6260.

2 bedroom house with washer, dryer, fridge, stove, microwave. Hardwood floors, new carpets. No smoking. No pets. 433-5674.

2 bedroom basement suite, renovated, spacious, 4 appliances. Good bus route to U of A. 70 St. - 90 Ave. \$500/

month. Available Oct. 1.

Room for rent in 2 bdrm bsmt suite. Only \$135/month, all utilities included. 84 Ave. - 97 St. Deanna at 439-7513.

1 block to U of A. Upper floor bedroom. \$220 + DD and 1/5 utilities. Call Jo at 439-9576.

Parking stalls for rent. 110 St. and 83 Ave. 431-1770.

WANTED

STUDENTS - Teach Conversational English year round, short term or for summer in Japan, Hong Kong, Singapore, Taiwan or Korea. Excellent pay. No experience or qualifications needed. For 1996 details on living/working conditions and how you can apply pick up our free brochure at HUB, SUB, CAB and Education Information Desks or send a self-addressed, stamped envelope to Asia Facts (UA), P.O. Box 93, Kingston, ON, K7L 4V6.

Waterford of Summerlea: Seniors residence requires part-time food service staff to work evenings and weekends. Perfect position for students. Apply in person to 9396 172 St.

PART-TIME, days 10:30 AM - 1:30 PM. High energy individual to promote/sample new products at the U of A. Please submit resumes to 103 Lister Hall, 87 Ave. - 116 St. or fax (403) 492-6144.

Nurse/Women's fashion designer seeks professional, laid-back Male roomy(s) immediately. Messages to 423-3826.

College Maintenance now hiring part-time office cleaning position. \$7.00 - \$7.50/hour. Vehicle necessary. Applications available at the Enterprise Centre - Main Floor, C Program, 10211 - 105 St. Edm.

Needed: 19 people to lose weight. No will power needed! 100% natural. Call (403) 464-1427.

Volunteer opportunity! Edmonton General Hospital needs volunteer tour guides for its 100th Anniversary Exhibition. Excellent experience working with children and promoting health and safety. Call 482-8442.

Hair models required. Swizzle sticks 433-7078.

College Pro Painters. Summer Manager positions are available for students in any faculty who are interested in managing an outlet with the largest student-run business in North America. Our average Manager in 1995 employed 6 painters and earned over \$8000. Positions are filling fast. Call our Edmonton office today for more information on how to apply at 433-3084.

Student photographer needed for semi-contemporary, black and white portraits. For more information call 433-1245.

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PERSONAL

Short story contest: *Raw Fiction* is offering \$500 in prizes plus publication. All entrants receive six issue subscription. Send up to three stories, any style, with SASE and \$24 entry fee to: *Raw Fiction*, Box 4065, Edmonton, AB, T6E 4S8.

Keep-fit Yoga Club offers weekly Yoga classes, Tuesdays 5:30 PM in 2-103 (KIVA) Educ.N. Free registration. For info, call Carol: 471-2989.

Make a difference in a child's life. Become a Big Brother or Big Sister. Attend a volunteer orientation Oct. 3 at SUB, Rm 223 or call 424-8181.

Specials - 400 minute tan \$35, waxing 20% off, artificial nails \$30. OPTIONS Body Care. 433-6750, 9107 HUB.

Travel-teach English! The CGTI offers a 1 wk (Nov 9 - 13) intensive course in Edmonton to certify you as a Teacher of English (TESOL). 1000s of overseas jobs available now! (1995 ESL Teaching Job Guide \$20). Free info pack 403-438-5704.

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Menstrual regulation avoids abortion hazards. Call Dr. Ringrose at 484-8401.

ATTENTION U OF A STUDENTS AND STAFF

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S7-P3

My dog ate my paper!

It's true! Some days my dog can be a real ass, which makes me wonder if he has an identity crisis. Are there dog psychiatrists? I don't believe in putting animals to sleep, but I don't have the heart to give him away. What if he got into an abusive home or drugs or... My paper? Oh yeah. Did I tell you about my little brother? Well...

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S7-P16

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MUSIC

ALLIANCE

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AT THEATRES EVERYWHERE

FEATURING Brother Cane's #1 HIT SINGLE "And Fools Shine On" ON VIRGIN RECORDS

dental? If I bought you coffee, perhaps you could tell me. James

Batman: can't chafe yer elbow in the Batmobile. Love Throbbin'

Guido! You have smoked mine Bearded Fish Taco, now my puckered starfish is the only alternative.

To my nutty sister Gina: Hey there, kiddo. What's it like to know your name's been printed 12,500 times?! Take care!

Hey Karen: la blonde du Sud & du Nord se rencontrent au Centre? Bonne Chance.

For the ebony man who keeps me warm without a fire, whose heartbeat echoes my dreams-S.D. it's real.

Diane, tanks for da rock. I'll tune your guitar again sometime. j.

Sorry Garcia. I don't like taking sides but I find myself doing so at times. Angela.

CC3: Happy belated one month anniversary! Don't get too hooked on E-mail and forget about me, okay? Hugs and kisses. Tallguy.

Math 120, T/TH 1230: To the Venus-5th row centre ESB 327 you rival tabasco sauce-U R hot! Can I join U for java? Reply to Zeus.

To Chris and her twin (you know she exists - admit it!) Have a great 20th b-day. Welcome to the club - Moo!

Dear BIG B, you're the best looking & the sexiest guy in engineering (and on campus)... will you go out with me Friday night??? de ton amour E.D.

Hey RMBS Survey Boy. Your blue eyes make me soooo horny! Watch for me in Finance 412. I'll be watching U!!! - The Sizzler

To the very pretty girl sitting by the fire pit on Tues. morning (9am): I wish I would have said hello. M.

Saw a film yesterday All about the fabulous disaster Reminded me of you Us together - me alone forever But I don't mind the cold Reminds me of my home - D.G.

Narcolepsy - such a cool word. It sounds cool, it looks cool, and it has a cool meaning. Think about it. - The Shadow

To scruffy: Your vibes are strong, not unlike, well, you know... (blush)... Thanks for listening. -Twinkles